



**Service Priorities and Programmes
Electronic Presentations**

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An empowerment program for staffs' competence enhancement in fall prevention and reduction of patient fall incidents

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Introduction

Geriatric patient falls are one of the most common adverse events in hospital. Falls are a serious healthcare issue and can cause injury and even death. Staff's knowledge and awareness on fall prevention assessment, intervention and workflow is the key to success. There are above 1/3 of nursing staff and also nursing students are new comers in my ward. A tailor made practical guide for fall prevention is therefore prepared to empower our staff to uphold quality care, maintain consistency and used as a training guide for mentoring.

Objectives

(1) To reduce patient fall rate; (2) empower new staff to uphold quality care and maintain consistency on fall prevention in a short time and easy way;(3) to reduce stress of staff in preventing patient fall.

Methodology

The tailor made practical guide for fall prevention that using photos approach was started to use in 2013 July. From July to December in 2012 and 2013, questionnaire were given to subjects who were new comers and worked in ward for 2 weeks. Outcome measures were categorized as (1) the fall rate from July to December in 2012 and 2013; (2) questionnaire collected from new comers in the same duration of time.

Result

From July to December 2012, fall rate is 0.6 per 1000 inpatient occupied bed days. Reduction to 0.29 after empower program in 2013. 108 questionnaires collected from new comers. The questionnaires show that increase in 52% of new comers think they can familiar the fall prevention assessment, intervention and workflow in short time with less stress reported.