



Service Priorities and Programmes Electronic Presentations

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Achieving Green Hospital through People-centred Approach

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Introduction

Kwai Chung Hospital (KCH) is a psychiatric hospital. In KCH, “green hospital” stands for people, recovery and environment. It adopts a people-centred approach in integrating green strategies and programmes into the daily life of patients and staff. Through patient engagement in green activities and staff commitment at all levels, KCH has successfully established a positive environment for cultivating hospital-wide green culture, though balanced with security and isolation settings. More importantly, the green programmes have contributed to patient rehabilitation and integration of eco-friendly practices in staff workplace.

Objectives

To create a humanistic and flexible environment to facilitate the hospital’s green move and involve patients and staff in developing green culture in KCH.

Methodology

Through interviews, analysis and planning, KCH has developed people-oriented strategies on formulating green management framework, creating green recovery environment and workplace, engaging patients and staff in green activities, implementing green practices through cross-disciplinary collaboration with synergy effect.

Result

The Green Improvement Team steers the hospital’s policy and commitment to green management and take up the role of overall planning and coordination of sustainable programmes. Green ambassadors are appointed as advocates to experience and cascade green activities to the frontline. The hospital strives to provide gardening and planting space for patients. The rehabilitative campus and horticulture garden are successful examples for patients to appreciate the meaning of life and enhance their self-identity and assertiveness in their recovery journey and preparedness before reintegration with mainstream society. Outdoor activities at country parks and

rehabilitative farms are organized regularly especially for long-stay patients to keep contact with the external natural environment. Visits and talks are delivered with green groups, universities, community partners and government departments to raise environmental awareness and consciousness to patients and staff. Green concepts are applied to occupational training of patients who contribute to producing hospital souvenirs and crafts with recycling and waste materials. Green operation, green buildings, green procurement, green IT, green marketing and carbon audit are all actionable programmes to sustain green environment and achieve green hospital through teamwork. The excellent performance on green practices and environmental protection have been well recognized and awarded by external authorities over the years.