



**Service Priorities and Programmes
Electronic Presentations**

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Patient empowerment for Urological Patients in TKOH

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Introduction

Aging population is one of the major social problems in Hong Kong. Urinary problems or symptoms commonly occur in men over 50. Most of them are bothered by the symptoms of prostate problem. Benign Prostatic Hyperplasia (BPH) is the most common prostate disease. Patients may suffer from urinary retention when getting worse or even may require surgery. Patients are needed to be empowered during the process of care delivery.

Objectives

Patients can be empowered with standardized information and skill training within department.

Methodology

1. Comprehensive nursing assessment tools developed and adopted. 2. Protocol driven nursing interventions are conducted 3. Multimedia Patient Empowerment Package (videos & pamphlets) developed and adopted. 3.1 videos: 3.1.1. 間歇性自助導尿(男及女性) 3.1.2. 國際前列腺徵狀評分表短片 3.1.3. 經尿道切除前列腺手術短片 3.2 pamphlets: 3.2.1. 清潔間歇性自助導尿術(男、女士) 3.2.2. 經尿道切除前列腺手術康復指引 3.3 assessment checklists 3.3.1. Clean Intermittent Catheterization Skill Checklist (Male & Female)

Result

1. Comprehensive nursing assessments (physical & functional assessment, Activities of Daily Living, Psychological & Emotional Assessment, Social & Spiritual Assessment) are conducted to all patients. 2. Patient's needs identified in assessment would be stratified and addressed at an early by timely nursing interventions 3. Patient education on urological care is conducted with the aids of multimedia information package, eg. pamphlets, videos, demonstrations 4. Patients were empowered with standardized information and skill training.