



**Service Priorities and Programmes
Electronic Presentations**

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Submitting author: Ms Wing See Li

Post title: Deputy Department Operations Manager, North District Hospital, NTEC

Professional discharge support for orthopedics pediatrics patients in North District Hospital

Shum MN, Chiu KY, Wong SK, Cheung YT, Tam KT, LI WS

Department of Orthopedics and Traumatology, North District Hospital

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Introduction

The primary nurse patient-centered program for orthopedic pediatric patients has started since 1998. Each year, nearly 150 pediatrics patients were admitted to our NDH. The children we care are under 10 years old who are mainly due to emergency condition and some are clinical admission.

Objectives

The program aims at enhancing the knowledge of their parents or carers, and engaging them the caring process, so that the anxiety of the children during their hospitalization will be reduced. Also, post-discharge phone follow up can reinforce the confidence of parents to take care their children at home, and prevent complications leading to unplanned readmission. Therefore, the length of hospitalization and complication can be reduced.

Methodology

On admission, primary nurse will be assigned to each child immediately. During hospitalization, primary nurse is responsible for providing orientation to the parents as well the child. The knowledge on prevention of incident in ward and home, and special care on cast, pre-operation and post-operation will be provided accordingly. After discharge, the primary nurse will arrange post discharge phone follow up to their parents or carers. It is to identify any problems and complication upon discharge and to know about the rehabilitation progress of the patients.

Result

In this program, there is no complaint arousing from parents or carers, and no ward incident and unplanned readmission (within two weeks) were reported. The rate of successful post-discharge phone follow up is more than 90%. Moreover, 100% of the parents or carers showed satisfaction and appreciation on our service provided.