



Service Priorities and Programmes
Electronic Presentations

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Create " Precious Moment " for Palliative Patients and Families

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Introduction

Patients with life-threatening disease may encounter physical and psycho-social-spiritual distress. It can be difficult for patients to express and communicate in families. Some may decrease in social engagement due to frailness and disfigurement. The project of “美好一刻” Studio-Album was launched with fund support. During photo-taking, nurses work as a hub for families to create precious gathering for patients to capture good moments in their final stage of life. There was a reminiscence of patients life stories in the way they talk, share the album with staffs. Through Studio-Album project, it recalled patient memorable memories and leave a legacy.

Objectives

1.Strengthen cohesion among patients' families 2.Create precious memories and capture the last good images to reminiscence 3.Facilitate bereavement support

Methodology

1. Open recruitment of cognitive patients who are voluntary from February to October 2013, 2. Welcome families' participation, their favorite or chosen places are respected e.g. Home, Park, Memorable place, Hospital...etc. 3. Encourage to retrieve and put old pictures, love words into album 4. Conduct Photo-taking by professional photographer and a Studio-Album will return 5. Share inside stories with patients and families afterwards 6. A 4-point satisfaction survey and staff focus group were conducted in December 2013

Result

Result: 1.35 patients and families participated (M: 24, F: 11; Age: 35 to 86) and 29 Studio-Albums produced. 25 families completed survey, 4 families could not reach 2.71% patients were on wheelchair, bedbound or need oxygen, 6 patients defaulted because of deterioration. 3.100% rated satisfactory or above in all items, 92 % and 95 % rated “strongly agreed” in “Precious Moment” and supported the continuity

of the project. 4. “What a beautiful and memorable album! It will be left for my family. With this, they can remember me after I die.” Expressed by a recent deceased participant. 5. Staff feedback - Families expressed Studio-Album gave them a sense of completion and fulfillment Conclusion: “美好一刻” project is worth for patients, Families members and staffs as effective communication tool. Patients relived in memorable live and created a platform for appreciation together in remaining time of life journey. In conclusion, the Studio-Album not only creates “Precious Moment” also can play as a legacy for family blessing to acknowledge the relationship of love.