



## Service Priorities and Programmes Electronic Presentations

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**Collaborative program between Comprehensive Child Development Service and Caritas Hong Kong for teenage expectant mothers in Kowloon East Cluster**  
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### **Introduction**

Comprehensive Child Development Service (CCDS) in Kowloon East Cluster (KEC) is an intersectoral and interdisciplinary service with collaboration with Department of Health, Social Service Department, Department of Paediatrics and Adolescent Medicine, Department of Obstetrics and Gynecology, United Christian Hospital and Department of Psychiatry, KEC. CCDS uses Maternal and Child Health Centre( MCHC) as the platform for providing one-stop service to the high risk expectant mother, their infants and families. CCDS aims to provide early identification and timely intervention for the high risk pregnancies.

### **Objectives**

With collaboration with Caritas Hong Kong, one of the local Non-Government Organizations, KEC CCDS offers an integrated program for those teenage expectant mothers ( < or =18 years old at expected date of delivery).

### **Methodology**

The recruited expectant mothers will be interviewed by CCDS midwife who offers an in depth psychosocial assessment , ongoing emotional support and antenatal education to them. The consented clients will be referred to the social workers of Caritas for engagement in the project Hyacinth in the same antenatal checkup session of the client in the obstetrics outpatient clinic. The social worker of Caritas will then pay regular home visits , organizing community based support groups to these expectant mothers, aiming to improve their self-image, coping and interpersonal skills, positive parenting skills . The social worker will also accompany these young clients and their born infants to attend the medical follow ups in HA outpatient clinics and MCHC. Moreover, through this project, an economic enhancement service will be delivered to the teen mothers which aims at brushing up their literacy skills, delivering career education and enhancing financial literacy. Continue tracking of the health and

development of the infant , monitoring mother's childcare competency, anticipatory guidance for child development and strategies for fostering maternal-infant bonding are offered by visiting CCDS paediatrician at MCHC , matching the infants immunization schedule. Regular meeting between social workers of Caritas and CCDS team will be held every 3-4 months to review the progress of the recruited cases.

**Result**

From October, 2009 to June, 2013, 32 teen mothers are successfully recruited into this program. The profiles of mothers and the outcomes of their children will be presented.