



**Service Priorities and Programmes
Electronic Presentations**

Convention ID: 472

Submitting author: Miss Polly TANG

Post title: Registered Nurse, Queen Mary Hospital, HKWC

Self-evaluated Pain Record for Women with Labour Pain

tangpyp, laumgyg

Obstetrics & Gynaecological Dept

Keywords:

Evaluation

Pain

Labour

Introduction

Childbirth is a stressful experience associated with inevitable negative emotions, for instance pain, fear and anxiety. Facilitating the laboring women to feel in control during labour is essential factors to make the women feel confident and satisfied with the childbirth experience. The management of labour pain is one of the main goals of midwifery care. Therefore, self-evaluated pain record for women in labour could be a good assessment tool for communication between healthcare professionals and laboring women.

Objectives

To facilitate assessment and communication between healthcare professionals and women who have labour pain by using Self-evaluated Pain Record.

Methodology

The self-evaluated pain record was introduced for all laboring women. It aimed to provide support to laboring women who can report her own pain level thus appropriate pain relief method can be introduced. Moreover, it can serve as a communication tool between clients and healthcare professionals about the progress of the labour. By doing the evaluation survey both clients and healthcare professionals, it can verify the effectiveness of the self-evaluated pain record. As a result of the evaluation survey, information can be collected for quality improvement.

Result

Data will be analyzed using descriptive statistics. Content analysis will be used to analyze the open questions of participants' opinions of the self-evaluated pain record.