



**Service Priorities and Programmes**  
**Electronic Presentations**

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**Self-evaluated Pain Record for Women with Labour Pain**

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**Keywords:**

Evaluation

Pain

Labour

**Introduction**

Childbirth is a stressful experience associated with inevitable negative emotions, for instance pain, fear and anxiety. Facilitating the laboring women to feel in control during labour is essential factors to make the women feel confident and satisfied with the childbirth experience. The management of labour pain is one of the main goals of midwifery care. Therefore, self-evaluated pain record for women in labour could be a good assessment tool for communication between healthcare professionals and laboring women.

**Objectives**

To facilitate assessment and communication between healthcare professionals and women who have labour pain by using Self-evaluated Pain Record.

**Methodology**

The self-evaluated pain record was introduced for all laboring women. It aimed to provide support to laboring women who can report her own pain level thus appropriate pain relief method can be introduced. Moreover, it can serve as a communication tool between clients and healthcare professionals about the progress of the labour. By doing the evaluation survey both clients and healthcare professionals, it can verify the effectiveness of the self-evaluated pain record. As a result of the evaluation survey, information can be collected for quality improvement. Convenience sampling was adopted for all clients at antenatal ward. Evaluation questionnaires were distributed and collected in labour ward after delivery. All medical and nursing staff working at antenatal ward and labour ward were invited to do the questionnaires.

**Result**

Data will be analyzed using descriptive statistics. Content analysis will be used to analyze the open questions of participants' opinions of the self-evaluated pain record.