

# Service Priorities and Programmes Electronic Presentations

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## Standardization of midwifery practice in HA birthing hospital

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# **Keywords:**

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#### **Introduction**

The purpose of this project is to formulate "a framework on the plan of care in normal low risk and high risk pregnant women" within 8 maternity units in Hospital Authority. It provides a platform to facilitate evaluation of current practice and also inspire midwives to bring in new concept and model of care to the practice. The project process includes initiation, planning and design, implementation, monitoring and auditing and evaluation.

### **Objectives**

(1)to monitor the physical, psychological, spiritual and social wellbeing of woman and family; (2)to enhance the physiological processes of labor and birth; (3)to define the care includes preventive measures, and the promotion of normal birth; (3) to focus on service quality, patient efficiency and effectiveness; (5)to set local midwifery standards.

# **Methodology**

It is evidenced that natural birthing is an essential quality to all expectant women. Therefore, all expectant women should be supported to have the safest and most satisfying childbirth experience they can have. The expectant women's choice, attitude and preferences, and also their expectations concerning the use of non-pharmacological pain reduction methods should be kept in the agenda in service improvement. Thus, in 2013, 4 clinical guidelines on non-pharmacological pain relief were drafted with the consensus of 8 maternity units in Hospital Authority. The guidelines are: Guidelines on using birth ball during labour; Guidelines on childbirth massage during pregnancy; Guidelines on using transcutaneous electrical nerve stimulation (TENS) during labour and Guidelines on using warm pad during labour.

#### Result

The project meets the planned schedule. The working group will move to the next

phase for the monitoring and auditing of non-pharmacological pain relief. Furthermore, the plan of care regarding antenatal, intrapartum and postnatal will be reviewed.