



Smart Lift Program of Manual Handling Operation in general ward

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Background

- In view of the number of injury-on-duty (IOD) such as low back pain and wrist pain has an increasing trend in our ward
- An improvement plan of Manual Handling Operation (MHO) was implemented

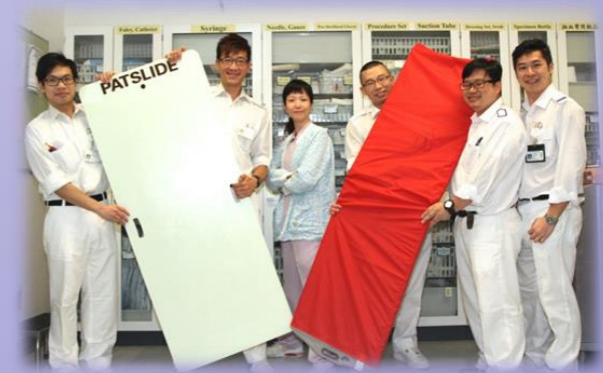


Objectives

- To encourage our colleagues which in terms of health care assistants, nursing students and new staffs to use handling aids
- To ensure our colleagues have enough competence in using handling aids for patient transfer
- To promote occupational safety in MHO to reduce the number of IOD

Methodology

- Promoted the video of MHO produced by Department of Physiotherapy in the following website:
<http://uchweb3/tube/play.aspx?id=274>
- Organized MHO workshops (Smart Lift Program) every 6 months to refresh the knowledge of MHO



- Audits have been done to evaluate the standard and the outcomes of the programme
- Evaluated the manipulation skill of handling aids by return demonstration

Results

- From March to December 2013, 24 nursing staffs, 12 health care assistants had been taught and audited of using mobile hoist to transfer patients and with 100% passing the return demonstration assessment.
- 24 nursing staffs and 12 health care assistants watched the video of MHO in the website and 100% passed the audit.
- 62 nursing students visited the website and 12 students participate in Smart Lift Workshop
- Promoted the message of occupational safety in MHO to our colleagues in UCH and had a positive feedback.
- No more report of IOD which related to MHO after the implementation of the program

Conclusion

- Smart Lift Program is a necessary program in general ward to reduce potential risk of injury during manual handling operation.
- With improvement in MHO, our workforce can be maintained at a higher standard which in terms of manpower availability, staffs' commitment and happiness

