

HA CONVENTION 2014

SPEED PRESENTATION

(SPP-P5.19)

Nurse independent role in Dementia Pre-assessment Clinic streamlines Geriatric out-patient care in PWH

Background

No. of people aged 60 or over with dementia:

0.1 million
(Year 2009)



Estimated:
0.33 million
(Year 2039)

Age >85, 1:3 elders has dementia



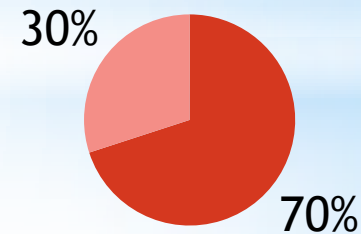
Aging population



Dementia

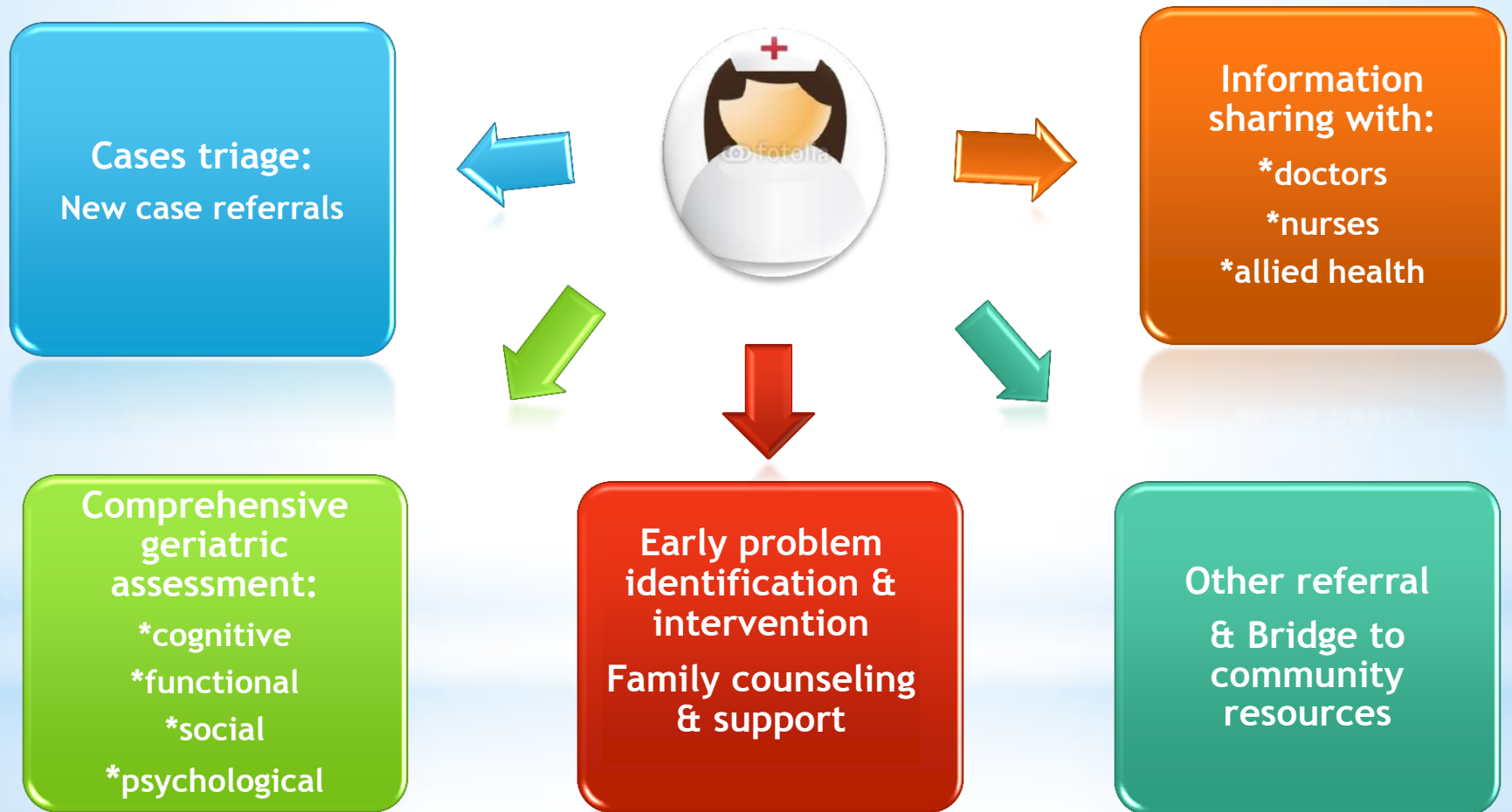
New referrals in Geriatric OPD (PWH)

- Cognitive impairment
- Other Geriatric problems



New case waiting time

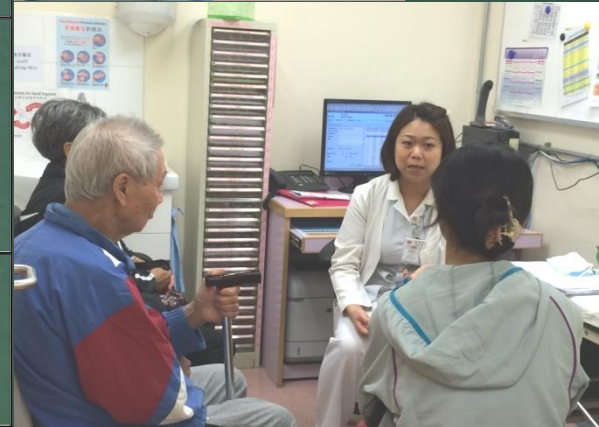
Dementia Pre-Assessment Clinic since May 2012



SCOPE OF SERVICE

One afternoon session per week : **3-4 patients per session**
60 min per patient

History taking	Chief complaints Demographic data Medical & drug history Available investigation results
Cognitive Assessment	MMSE, MoCa, GDH, NPI
Problem identification	Needs of patient family Caregiver stress
Education (DVD, Leaflet & Face-to Face)	Disease nature Different aspect of treatment & management Risk modification Caregiver technique
Other referral & introduce community services	OT/ PT/MSW/ GDH JCCPA, Cadenza, CRN, ELCHK

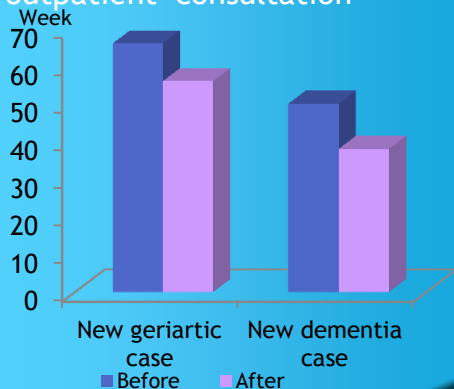


Service evaluation

Services delivered: 139 cases (May 2012 till Dec 2013)

DECREASE NEW GERIATRIC CASE WAITING TIME

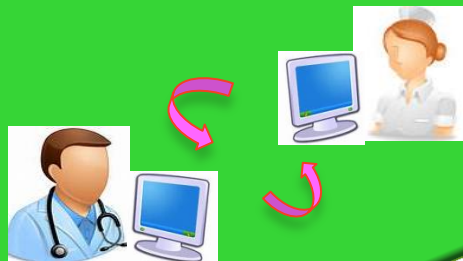
- ↓ 10 weeks for new Geriatric SOPD cases
- ↓ 12 weeks for first Dementia outpatient consultation



Information from CDARS, Statistic NTEC

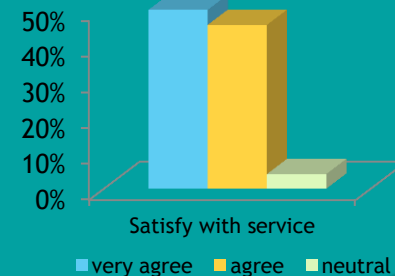
STREAMLINE GERIATRIC OUTPATIENT CARE FLOW

- ↓ first SOPD consultation time from 60 min to 30 min
- ↑ service capacity for new cases from 22.7 to 34.6 monthly
- Electronic documentation (standard template) in CMS
- Facilitate communication & information sharing



ENHANCE CLIENT SATISFACTORY

- 51.7% referrals to OT& NGO for cognitive training
- 95% caregivers expressed service satisfaction or strongly satisfaction (48 returns Jul13- Dec 13)
- 92% caregivers got 100% correctness in 5 questions knowledge test (30/39 returns Nov 13- Apr 14)



Way Forward

- ❖ Subsequent follow up complex and difficult cases
- ❖ Review patient attendance to referrals through phone follow up
- ❖ Set up a daytime direct Telephone hot line for patient or caregiver enquiry
- ❖ Explore possibilities for patient and caregiver group workshop or group sharing

THANK YOU