



**Service Priorities and Programmes**  
**Electronic Presentations**

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**"Save Skin" Pressure Ulcer Prevention Program - "SKIN PRO" care program to reduce unnecessary hospital developed pressure ulcer**

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**Introduction**

Pressure ulcers in residents of sub-acute care facilities cause avoidable pain and suffering, and they place an additional burden on budgets that are quite lean. A systematic approach using prevention and treatment protocols, a wound care team of designated Pressure Ulcer Prevention Nurses, and nursing staff education programme delivered on October 2012.

**Objectives**

(1) to effectively promote a department base awareness of skin care, (2) to support the nurse role by streamlining the process and providing the product needed for effective skin care and, (3) to enhance patient satisfaction and increased communication between nursing staff.

**Methodology**

Methods included the educational training which ranged from the use of PowerPoint slides, hand-on return demonstration, and group discussion related to pressure ulcer staging and wound treatment. These educational methods provided the nursing staff with significant reinforcement of each day's learning objectives. Productivity enhancement and cost savings are addressed in the Skin Pro programme.

**Result**

Because of the Skin Pro Programme, nursing staff knowledge were refreshed and reinforced. This programme was part of training programme for prevention and management of pressure ulcer to different healthcare workers, as a result, the rate of acquired pressure ulcers declined from 1.2 % in 2011 to 0.92% in 2012. The Skin Pro programme was considered a contributor to the improved patient outcomes.

Conclusions: The Skin Pro Programme was effective in reducing unnecessary hospital developed pressure ulcer, saving health care cost and achieving promotion of department base awareness of skin care.