



Service Priorities and Programmes
Electronic Presentations

Convention ID: 830

Submitting author: Ms Grace LEE

Post title: Senior Occupational Therapist, Kwai Chung Hospital, KWC

Innovative integration of Green Practice into psychiatric Rehabilitation in Kwai Chung Hospital

Lee GYY(1)(2), Yim SYM(3)(2), Lo ATL(3)(2), Woo FCC(4)(2), Hui SWC(5)(2), Chan KWM(6)(2), Leung CO(7)(2), Chan JH(7)(2), Wong VWY(3)(2), Kwong PY(1)(2)
(1)Occupational Therapy Department (2)Kwai Chung Hospital (3)Administrative Services (4)Central Nursing Division (5)PT Dept. (6)Finance Dept (7)Psychogeriatric Team

Keywords:

innovative psychiatric rehabilitation
green practice
environmental protection

Introduction

Green Improvement Team of KCH was established in 1994 with a group of committed multi-disciplinary staff members with support of green supervisors in different operation units

Objectives

Formulate action plans for green initiatives; promote staff awareness and involvement in environmental protection; implement green housekeeping programmes; share and report achievements to all staff, HCE and HAHO.

Methodology

Innovative green strategies: Integrate green culture into psychiatric rehabilitation program through horticulture program, recycled art paper craft and green talk; Create green seedling programme; green healing activities were implemented in different patient rehabilitation units by green supervisors; Arrange annual green visit to green organization for learning new advances; Build green culture with support from senior management to front-line staff; Enhance green communication with KCH staff via email, intranet, hospital newsletter, green supervisors gathering and annual HCE green round; KWC green collaboration for better synergies

Result

Active participation of psychiatry patients in different green rehabilitation programme to enhance a positive value, achievement, new learning experience and enhance positive attitude of patients to enhance their reintegration into the community. Green is simple and happy life. Depressed or chronic psychiatric patients are proud of their green achievement, felt relax, learn appreciation and regain self-confidence happily upon discharge. Annual patient attendance on green programme (with 4R concepts: recycle, reduce, reuse & replace) Horticulture group:1500; Green talk: 560; recycle paper art group: 1500; art-in-hospital project: 160; No smoking activity: 150; Digital

photography class: 30; Clothing donation: 300 Outside Awards with impact to staff & patients of HA & the general public on green programme through sharing seminar & media publicity: Wastewi\$e Logo (2003), HA Green Grand Award (2003), Gold Wastewi\$e Logo (2004 -2008); HA Green Hospital Grand Prize & Panel Prize (2006), Eco-business Innovative Practice Gold Award (2006) – integration of green practice in psychiatric rehabilitation; HK Award for Environmental Excellence(Public Sector – Cert. of Merit (2009); Wastewi\$e Label – Class of Excellence by the Hong Kong Awards for Environmental Excellence (2009-12). Our key to success is CREATIVITY: achieve excellent green performance to patients, staff/ community: Communication, Review, Environmental Friendly, Achievement, Team Work, Initiation, Vision, Innovation, Training and Young.