Movie and group sharing are much more effective than educational talk for promoting learning interest of rehabilitation nursing among nurses in a rehabilitation hospital

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Introduction
Rehabilitation nursing is a specialty practice with defined philosophies, goals and role definitions toward caring for people with all kinds of disabilities and chronic illnesses. Its core values and ethical principles provide a foundation for the specialty practice that seeks to care for, educate, and empower those in need of the expertise of rehabilitation nurses. It begins with immediate preventive care in the beginning stage of accident or illness and is continued through the restorative stage of care, and involves adaptation of the whole being to a new life. Rehabilitation nursing practice occurs in many settings, such as general hospitals with or without rehabilitation unit, and involves a lot of roles and responsibilities, such as case manager, researcher, nurse liaison and etc. Despite of the meaningful and useful rehabilitation concepts, its scope is so broad and its philosophies are so abstract that it may be boring and difficult to understand through educational talk only. This paper is to compare the five teaching approaches and find out which will be the most effective to promote the learning interest of rehabilitation nursing among nurses in Kowloon Hospital.

Objectives
To compare the effectiveness of the five teaching approaches, including ice-breaking, movie, educational talk, group discussion and conclusion sharing for promoting the learning interest in rehabilitation nursing.

Methodology
A 12-item satisfaction questionnaire, including the favourite teaching approaches, the level of increased learning interest among the five approaches as well as the overall increase in learning interest in rehabilitation nursing was employed. All nurses attending the seminars were invited to complete the questionnaire after the whole seminar under voluntary participation.

Result
Two seminars on the topic of rehabilitation nursing roles and responsibilities were held
on 6 Sept and 22 Nov 2012 respectively. The total attendance of the two seminars was 24. Totally, 21 completed questionnaires were collected. The response rate was 87.5%. The top three favourite approaches were: movie (16, 76.2%), group discussion (5, 23.8%), and conclusion sharing (3, 14.3 %) The top three approaches that brought moderate to high level of learning interest promotion were: movie (21, 100%), conclusion sharing (19, 90.4%), and group discussion (17, 81%). The overall perception of moderate to high level of knowledge increase and learning interest increase was 17(81%) and 18 (85.7%) respectively. Conclusion The results shows that the most effective teaching approaches for the two seminars were movie, group discussion and conclusion sharing. It reflects the importance, usefulness and effectiveness of implementation of appropriate teaching approach within a seminar or a workshop. Besides, it shows that the application of the communication with bilateral and multi-directions within the learning process of rehabilitation nursing are much more effective and interesting than one-way communication.