Care Continuity for Asthma Patients from Admission to Nurse-led clinic
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Keywords:
Asthma Education
Empower management ability in Asthma
Minimize the unplanned readmission rate

Introduction
Asthma is a chronic disease that can be serious - even life threatening. There is no
cure for asthma. Many asthmatic attacked children are admitted due to
mishandling of their drug regime, usually through improper application of the
inhaler. Frequent hospital admission could further generate much anxiety, stress and
trauma to them. The more clients can learn about asthma, the better clients can
manage living with disease, and maintaining the quality of life.

Objectives
1. Empower the client's self management ability in Asthma. 2. Normalize the client's
lifestyle. 3. Minimize the unplanned Asthma re-admission rate.

Methodology
1. Asthma Patients referred to the Nurse-Led Asthma Clinic in SOPD before doctor
consultation. 2. Education talk was given in ward before discharged or in Nurse-Led
Asthma Clinic. 3. Action plan was introduced as part of self management.
4. Questionnaires was performed

Result
From 2003-2012, 2728 clients attended Nurse-Led Asthma Clinic. 78% of them suffer
from moderate asthma and need training on steroid puff. From 2007-2010, the
unplanned re-admission rate in asthma decreased from 6.4% to 4.1%. Furthermore,
the feedback from parents on Asthma education showed encouraging (increased
knowledge in asthma, improved the inhalation skill and increased the confidence on
self care).