



Service Priorities and Programmes
Electronic Presentations

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Care Continuity for Asthma Patients from Admission to Nurse-led clinic

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Empower management ability in Asthma

Minimize the unplanned readmission rate

Introduction

Asthma is a chronic disease that can be serious - even life threatening. There is no cure for asthma. Many asthmatic attacked children are admitted due to mismanagement of their drug regime, usually through improper application of the inhaler. Frequent hospital admission could further generate much anxiety, stress and trauma to them. The more clients can learn about asthma, the better clients can manage living with disease, and maintaining the quality of life.

Objectives

1. Empower the client's self management ability in Asthma. 2. Normalize the client's lifestyle. 3. Minimize the unplanned Asthma re-admission rate.

Methodology

1. Asthma Patients referred to the Nurse-Led Asthma Clinic in SOPD before doctor consultation. 2. Education talk was given in ward before discharged or in Nurse-Led Asthma Clinic. 3. Action plan was introduced as part of self management. 4. Questionnaires was performed

Result

From 2003-2012, 2728 clients attended Nurse-Led Asthma Clinic. 78% of them suffer from moderate asthma and need training on steroid puff. From 2007-2010, the unplanned re-admission rate in asthma decreased from 6.4% to 4.1%. Furthermore, the feedback from parents on Asthma education showed encouraging (increased knowledge in asthma, improved the inhalation skill and increased the confidence on self care).