Basic Life Support (BLS) Training in PMH

Introduction
Princess Margaret Hospital (PMH) is dedicated to improving the outcome of in-hospital cardiac arrest by equip its staff with the necessary knowledge and skill to recognize life-threatening emergencies as well as provide quality resuscitation to those Sudden Cardiac Arrest case.

Objectives
To organize BLS training to equip hospital staff with necessary knowledge and skill on resuscitation.

Methodology
In 2003, PMH becomes the Training Sites of Resuscitation Training Centre, Caritas Medical Centre which is one of the American Heart Association International Training Centre (AHA ITO) in Hong Kong. 27 nursing staff of PMH were trained up as Instructor of Basic Life Support (BLS) Provider Course and started to conduct BLS Provider Course Training to nursing staff. In 2008, the training service also extends to other Allied Health staff in the hospital. Incorporating with the installation of Automated External Defibrillator (AED-mode-only) within hospital compound, the hospital further provides training on its usage to supporting staff in 2009. With increasing demand of training needs, more experienced staffs are trained as BLS Instructor of American Heart Association.

Result
In 2012, 18 BLS provider classes and 36 renewal classes were organized for 245 and 478 staff respectively. Total number of staff attended BLS provider and renewal course since 2003 has up to 2495 and 3002 respectively. There are 2 BLS Faculty and 61 BLS Instructors responsible for conducting BLS training for all clinical departments in PMH as at 31 January 2013.