

Service Priorities and Programmes

Electronic Presentations

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Service review of EKCHC podiatry clinic 2012

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Introduction

The East Kowloon Community Health Centre (EKCHC) podiatry clinic has started serving the KWC since February 2012. It provides an all-rounded podiatric service for the community. On top of individual consultation and podiatric treatments, group sessions for patients and seminars for professional staffs were also conducted. In this study, the service demand, services being provided and patient outcome were analyzed and reported.

Objectives

-To understand the service demand of the EKCHC podiatry clinic. -To review the services provided by the EKCHC podiatry clinic.

Methodology

The following data was collected in a monthly basis and analyzed for annual review. -The referral sources -Patient type -Ratio of Diabetic patients -Sub-ungual breakdown cases -Confirmed/ suspected sinister diseases Other education methods such as educational group session and seminars to professional staffs are recorded and reported.

<u>Result</u>

-The referral sources (Doctor vs Nurse= 61%:39%) -Patient type (Ulcer 5%, Ingrown toe nail 24%, Callosity 26%, Nail problem 26%, Biomechanics foot problems 16%, Dermatology 3%) -Ratio of Diabetic patients (24%) -Sub-ungual breakdown cases (16 cases) -Confirmed/ suspected sinister diseases (1 case of confirmed malignancy with operation, 2 cases of highly suspicious of malignancy under FU). -Educational group sessions were held for non-urgent patients to increase their knowledge on general foot care. -Podiatric seminars were held for professional staffs on specific podiatric topics or case sharing. Conclusion: From reviewing the service provided by the EKCHC podiatry clinic in year 2012, we can understand more about the demand of podiatric service in the community. The aim of this clinic is to help patients in their early stage of problem (i.e. sub-ungual breakdown), and educate patients before they become high risk patients. In a long run, we hope more patients to be seen in this kind of primary clinic instead of hospital base tertiary clinic. For future research, data from this current study can be compared with those from hospital based podiatry clinic to

investigate the difference between them.