A video education programme for teaching supporting staff with pressure ulcer prevention
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Introduction
Supporting staff perform most of daily bedside basic patient care such as turning and toilet care. Turning is one of standard procedure in daily patient care while repositioning is a key element in pressure ulcer prevention. Both have some principles that supporting staff have to learn and perform in their daily practice. Since pressure ulcer prevention program is mainly for nursing staff. Nurses have to supervise supporting staff to carry out patient care. An identical and formal education to both nurses and supporting staff will improve the delivery of care given. Since the turnover ratio of supporting staff in hospital is remaining high, there is a need for continuous in-housing training. For a live demonstration in workshop, the costs are including training materials for equipments and devices, and also time spent in teaching supporting staff. To provide a more feasible and sustainable learning route, Pressure Ulcer Project Team and Standard Procedure Audit Team are cooperated to produce a video clip to teach a standard procedure of turning including 30 lateral turning using in pressure ulcer prevention.

Objectives
(1) to provide a formal education program for supporting staff in turning procedure
(2) to facilitate ongoing education to supporting staff and auditing

Methodology
A video with scenario incorporated with standard procedure of turning and repositioning of patient with pressure ulcer at risk. A 30 degree lateral turning is introduced in September 2012. All video script and recording are done by nurses. The final version video is verified and revised after Pressure Ulcer Project Team. The video was introduced in Supporting staff training program and then uploaded to iCND under Education in intranet of our hospital so that all the supporting staff are able to assess and do the quiz after watching.
**Result**
All supporting staff (HCAs and GCAs) in Medical department has attended. Total 50 attendants in our hospital had seen the video, all got 100% right answers in post video quiz. A video education program can be used in a cost-effective way to achieve pressure ulcer prevention together with teaching on standard procedure in supporting staff.