Proactive Care Improvement Project: Training Programme for Supporting Staff on Caring Patients with Dementia in Clinical Setting (Phase II)

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Introduction
Elderly people with dementia admitted to psychiatric wards are common especially those with Behavioral & Psychological Symptoms of Dementia (BPSD), as supporting staff (HCA and PCA) is one of the main care delivers to our patients in clinical setting, offer dementia care training to supporting staff would be beneficial and would improve the level of care. Early in this year, an educational programme (phase I) was purposely designed and conducted for supporting staff, the content covered with basic knowledge on caring with demented patients. The result was encouraging and satisfactory. In the phase II, apart from basic concepts, we would like to focus on practical session, to enhance the caring skill of participants through video show, demonstration and role-play.

Objectives
1. To equip supporting staff with better knowledge in caring demented patients in psychiatric wards. 2. To train supporting staff in caring skills of demented patients in the psychiatric wards.

Methodology
1. Training: knowledge 1.5 hours lecture on basic concept of dementia caring such as communication skill, person center care, handling of patient with Behavioral & Psychological Symptoms of Dementia (BPSD) was conducted. 2. Training: skills There were 2.5 hours of practical session including video show, demonstration and role-play was provided. Participants need to engage in the role-play session, prompt feedback was provided. 3. Evaluation Pre and Post training test (15 MC questions) was conducted to assess participants’ knowledge acquire after the workshop, and satisfactory survey was conducted for program evaluation. The data of satisfactory survey were interpreted by five-point Likert scale.

Result
1. Satisfactory survey: There were 6 participants attended the workshop on the date of 15th November 2012. All of the participants were satisfied and ranked workshop was excellence or well; agreed and strongly agreed that the workshop had achieved the objectives; the content were job related; useful; enough; and easily understand. 2 participants expressed that they like the part role play most, and 1 participant like the part BPSD most. 2. Pre-test and Post-test survey: The mean score of the pre-test result was 65, and the mean score of post test result was 71.7. Conclusion: The training programme was effective to enhance the participants’ knowledge as well as caring skills on caring demented patients.