Introduction
• Long stay patient who suffered from schizophrenia will have negative symptoms and Institutionalization effect. They are mostly abandoned by the community and staying in hospital for a very long time. Their value is low and life is usual meaningless. We hope to regain and improve their self-confidence and self-esteem by taking a series of their individual photos; improve their communication skills between patients & staff. An individual photo album will be kept by each participant for their own memory.

Objectives
• To help patients to regain & improve their self-esteem and self-confidence in order to interact with others. • To enhance the therapeutic relationship with patients. • To help patients to understand the importance of their appearance. • To share patient's previous successful experience so as to increase patient's volition or motivation. • To teach patients how to think positively and respect their life. • To help patients to improve their quality of life. • To design a photo album to each participant.

Methodology
• 2 types of images: – formal dressing (a suit). – tracksuit (sportscoat). • Photos are processed by photographer – Photo album for selected photos. – Every participant has his own copy. • Assessed by “Rosenberg Self-esteem Scale (RSE)” test • The patients are interviewed by the project-related nurse weekly – Provide positive support and motivation – Chart & record “我都做得到面談記錄”

Result
1st “I Can Do It (我都做得到)” was held on 21/12/2011. ↓ Select photos with the participating patients ↓ Make the patient’s album ↓ Perform satisfactory survey and reassess the changes ↓ Interview the participating patients weekly by using the guideline “我都做得到面談記錄” ↓ 2nd “我都做得到 I can do it” was held on 10/01/2012. ↓ 3rd “我都做得到 I can do it” was held on 21/03/2012. ↓ 4th “我都做得到 I can do it” was held on 03/05/2012. -Every participant has individual photo album. -Better communication & relationships among staff & patients. -Self-confidence & self-esteem are improved. -Behavior improved.