

# Family-based Treatment for Chinese Families of Children with Attention Deficit Hyperactivity Disorders

## Date & Time

- 7 & 8 November 2025  
(Friday & Saturday)
- 9:30 am – 5:30 pm

## Venue

- Lecture Theatre, 2/F, Block S,  
Castle Peak Hospital

## Format

- Face-to-Face

## Course fee

- HK\$4,000 per person
- **HK\$3,100** per person for  
early-bird registration **on or  
before 26 September 2025**

## Application Deadline

- 17 October 2025
- Based on a first-come, first-served basis



## Prof. Joyce MA

- Emeritus Professor of the  
Department of Social Work, The  
Chinese University of Hong Kong
- Clinical Member & Approved  
Supervisor of American  
Association for Marriage and  
Family Therapy (AAMFT)
- Clinical Co-Director, Asian  
Academy of Family Therapy  
(AAFT)

Please visit IMH website [www.imh.org.hk](http://www.imh.org.hk) for the full version of the poster and download the enrolment form





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## Course Description

The two-day workshop will help expand the participants' understanding of children with attention deficit hyperactivity disorder (ADHD) from an individual perspective to systemic-developmental perspectives. Participants will examine the unique challenges faced by the affected families while identifying key protective factors that promote family health and child wellbeing. The workshop specifically explores how family therapy and multiple family therapy approaches can effectively support Chinese families of children with ADHD in Hong Kong, with particular attention to clinical applications and treatment outcomes.

Designed as an introductory program, the workshop equips helping professionals with foundational principles and practical insights for applying family therapy approaches when working with ADHD-affected families. While participants will gain valuable insights into therapeutic frameworks and strategies, the workshop is intended as an awareness-building opportunity rather than a comprehensive training program.

## Target Participants

Helping professionals spanning various disciplines – from psychiatrists, paediatricians and family physicians to clinical psychologists, social workers, nurses, school counsellors, teachers and beyond

## Medium of Teaching

Cantonese supplemented with English

## Accreditation

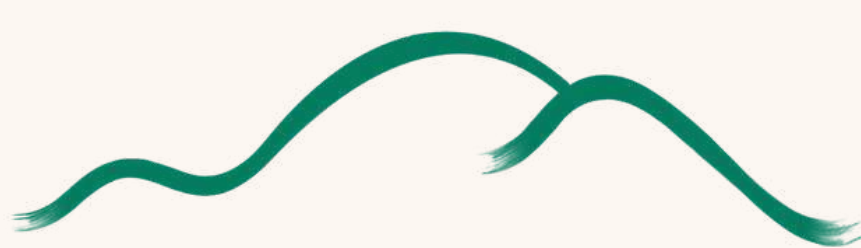
CME/CNE/CPD/CE(HKPS and HKICP) accreditation in application

## Certificate

A Certificate of Attendance will be issued with 75% or above attendance.

## \*\*Important notes:

Please note that this two-day training workshop provides basic foundational concepts of family therapy, which offers a good opportunity for participants to see whether they wish to pursue this therapy further. This workshop does not constitute any formal certification in family therapy.



青 · 山 · 醫 · 院  
Castle Peak Hospital



青山醫院精神健康學院  
Institute of Mental Health  
Castle Peak Hospital

Enquiry

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## Case Sharing for Clinical Supervision

Participants are invited to share their cases of family-based treatment for children with ADHD in this workshop. For those who are willing to share their cases, please submit a **presentation slides** and a **video**.

The presentation slides shall briefly describe the background of the family and the challenges the family is facing, while the video recording of the cases can be any clinical dilemma or interaction with the family which **illustrates the family dynamics and the therapist's approach to addressing the family's situation**.

Selected presenters will be invited to showcase their cases with their presentation slides and videos **within 30 minutes** during the workshop for in-class clinical supervision. The speaker will provide invaluable comments and feedback on your case!

Please note that it is essential to seek consent from the family before sharing any materials. To protect their privacy, family members are not required to appear in the video and may choose to sit behind the camera or be blurred out.

If you are interested in sharing your case, please submit your presentation slides and video to **cph\_imh@ha.org.hk** on or before **17 October 2025**. A maximum of three cases will be selected for presentation on a first-come-first-served basis. Selected participants will also be rewarded a **free "Emotional Crisis Prevention Strategy Kit for Youth"**.



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## Course Content

### Day 1 – 7 November 2025 (Friday)

#### Day 1 – AM

- Current knowledge of ADHD
- Systemic developmental perspective of child growth and development
- Brief introduction of multiple family therapy

#### Day 1 – PM

- Historical development, models and changing mechanisms of multiple family therapy
- Treatment principles and design of group activities
- Treatment outcome of multiple family therapy for Chinese families of Children with ADHD

### Day 2 – 8 November 2025 (Saturday)

#### Day 2 – AM

- What is family therapy
- Knowledge and skills of family therapy
- Clinical applicability of family therapy for Chinese families of children with ADHD

#### Day 2 – PM

- Presentation of participants' cases and clinical supervision on ways of helping Chinese families of children with ADHD





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## About Prof. Joyce MA

Prof. Joyce MA Lai-chong (馬麗莊教授) is an Emeritus Professor at the Department of Social Work in the Chinese University of Hong Kong (CUHK). Prof. Ma obtained her BSSc, MSSc and PhD in Social Work at the University of Hong Kong. Before joining CUHK, she served as a medical social worker at the Hospital Authority, specializing in psychiatric services.



Prof. Ma's specialties and research interests are multiple family therapy and family therapy with mental health needs (e.g. eating disorders and attention deficit hyperactivity disorder). She is a clinical member and an approved supervisor of the American Association of Marriage and Family Therapy (AAMFT) as well as the founding member, fellow and the co-clinical director of the Asian Academy of Family Therapy (AAFT) since 2012. She was also the former president of the International Family Therapy Association (IFTA) from July 2019 to June 2022. She has published a total of 122 refereed journal papers at international, regional and local venues with significant visibility and impact, in addition to the publication of 9 books.

Prof. Ma has rich experiences in offering professional training and workshop on family therapy and multiple family therapy in Hong Kong, Shenzhen, Shanghai, Nanning, Kunming and Singapore. She is also an adjunct professor at the Department of Sociology of Zhejiang University and a visiting professor at the Shanghai Mental Health Centre of Shanghai Jiao Tong University School of Medicine.

