

# Castle Peak Hospital Occupational Therapy Department

## Mission

As a partner in the recovery journey, Occupational Therapists encourage our service users to identify own needs and rights, learn self-management strategies, which leads to a meaningful life.

## Characteristics

Based on the recovery principles, service users are empowered to set up personal recovery goals and participate in therapeutic programmes in order to build up skills and habit to enhance the adjustment in community.

## Recovery Principles

- Family & Peer Support
- Community Integration
- Personal Responsibility & Self-Management
- Strength-based
- Holistic
- Sense of Identity
- Empowerment & Personal Choice
- Individualised
- Partnership
- Hope, Satisfying & Meaningful Life

## Domains of Concern

Occupational Therapy (OT) focuses on the following domains:

- Activities of daily living
- Work
- Leisure

## Service Scope

### Work

- Vocational counselling
- Work habit/skill building
- Job acquisition skill building

### Life Skills

- Leisure management
- Social support building
- Independent living skills training

### Self-Management

- Lifestyle redesign
- Illness management
- Wellness enhancement

### Cognitive Function

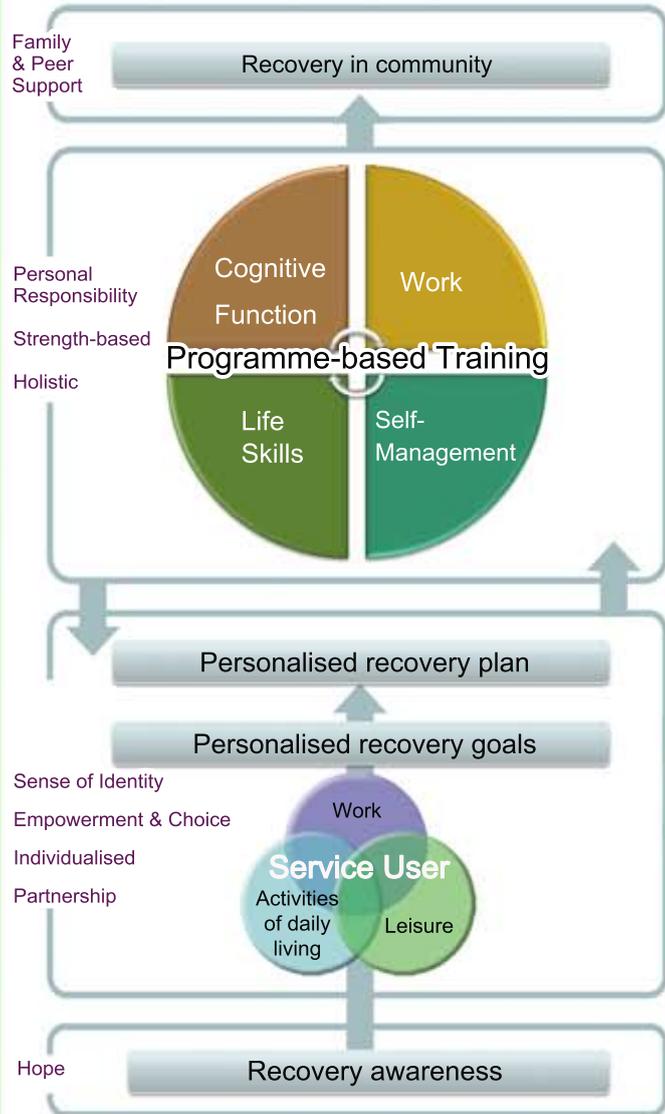
- Computerised cognitive training
- Memory training
- Social cognition enhancement



All our clients shall lead  
a meaningful life of their choice



# Flow of OT Recovery-oriented Service



## Contact

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(Version 2)

## Service Provision

### In-patient Service



### Day Service



### Out-patient Service



## Other Sub-specialty Services

