



青山醫院精神健康學院
Institute of Mental Health
Castle Peak Hospital

Certificate Course in Mental Health (MHC21)

organised by
the Institute of Mental Health
Castle Peak Hospital



Introduction

With the increasing emphasis on community mental health and mental well-being in Hong Kong, it is not uncommon for professionals in any field to find themselves in a position to render assistance to people with mental health problems or to support their carers. In order to best serve the needs of the society, it is important to equip oneself with the knowledge and skills in managing people with mental health problems to facilitate early detection, timely intervention and care.

Course Description

This Certificate Course in Mental Health (MHC) is a 13.5-hour training course organised by the Institute of Mental Health (IMH) of Castle Peak Hospital (CPH). It aims to provide training to professionals, health care professionals and related personnel on the common mental illnesses and the skills in managing mental illnesses by comprehensive lectures, case discussions/ vignettes, and interactive workshops. A certificate would be granted to participants having satisfactory course attendance (at least 75%) and having passed the multiple-choice examination at the end of the course. ***(In view of the COVID-19 epidemic, this course will be conducted online via Zoom.)***

Target Participants

Professionals, health care professionals and related personnel who may come into contact with people with mental health problems or their carers in their daily practice including doctors, nurses, psychologists, occupational therapists, social workers, counselors, hostel workers, allied health workers, teachers, police, and housing officers. People interested in pursuing a mental health related career are also welcome.

Course Advisor

Dr. M LAM, Hospital Chief Executive, CPH/SLH; Co-Chairman, IMH ExCo, CPH

Course Coordinators

Dr. Bonnie SIU, Co-Chairman, IMH ExCo, CPH; Convener, Public Education Subcommittee (PES), IMH, CPH

Dr. William CHUI, Member, PES, IMH, CPH

Dr. Martina CHEUNG, Member, IMH ExCo, CPH

Ms. June POON, Assistant Hospital Manager (Public Affairs & Institute of Mental Health), CPH

Ms. Michelle LAU, Hospital Administrative Officer (Public Affairs), CPH

Ms. Mandy CHAN, Executive Assistant II, Institute of Mental Health, CPH

Ms. Rio WU, Clerk III, General Registry, CPH

Ms. Kristy CHAN, Executive Assistant IIIA, General Registry, CPH

Course Trainers

Psychiatrists and Clinical Psychologists

Date & Time

Day 1: 16 January 2021 (Sat) 8:55 am – 5:45 pm

Day 2: 23 January 2021 (Sat) 9:00 am – 5:20 pm (followed by an online MCQ examination)

Platform

Online (via Zoom) ***(To facilitate the arrangement, please sign up a Zoom account in advance. Access right would only be provided to accounts specified on the registration form.)***

Course Content

The 13.5-hour course is divided into three 3.5-hour and one 3-hour sessions online via Zoom. Lectures are provided with electronic handouts.

Psychopathology and psychiatric interview

- Dr. CHUI Wing Ho, William (崔永豪醫生)

- ◆ Concept of mental health and the brain-mind system; psychopathology; psychiatric history taking and mental state examinations

Severe mental disorders

- Dr. CHUI Wing Ho, William (崔永豪醫生)

- ◆ Clinical features, aetiologies, prevalence, prognosis, and management of severe mental disorders including schizophrenia and bipolar affective disorder; mental state assessments case discussions

Depression

- Dr. LAU Yuk Shing, Wilson (劉育成醫生)

- ◆ Clinical features, aetiologies, prevalence, prognosis, and management of depression; mental state assessments and case discussions for depression

Anxiety disorders

- Dr. LAU Yuk Shing, Wilson (劉育成醫生)

- ◆ Clinical features, aetiologies, prevalence, prognosis, and management of anxiety disorders including generalised anxiety disorder, phobic anxiety disorders, panic disorder, stress-related disorders; mental state assessments and case discussions for anxiety disorders

Psychological treatments for common mental disorders

- Ms. CHEUNG Yan Yan, Sophie (臨床心理學家張茵茵小姐)

Substance related psychiatric disorders

- Dr. TUNG Chi Kwong, Ricky (董梓光醫生)

- ◆ Clinical features and management of substance (such as ketamine, amphetamine, heroin, cannabis) related psychiatric disorders; mental state assessments and case discussions

Child psychiatric disorders

- Dr. CHAN Kwan Nap, Quinney (陳君訥醫生)

- ◆ Clinical features and management of child psychiatric disorders including autism, attention deficit and hyperkinetic disorders; mental state assessments and case discussions

Suicide risk assessments and management

- Dr. TANG Yuen Yee, Dorothy (鄧宛兒醫生)

Violent risk assessments and management

- Dr. LAM Pui Yan, Jessica (林蓓欣醫生)

Organic psychiatric disorders and psychiatric disorders in the elderly

- Dr. PAN Ming Yeung, Ian (潘名揚醫生)

- ◆ Clinical features and management of organic psychiatric disorders including dementia and delirium; mental state assessments and case discussions

Course Examination

An online MCQ examination (in English) will be held at the end of the course.

Certificate

A certificate would be granted to participants passing the online MCQ examination and having at least 75% of course attendance.

Teaching Language

Cantonese supplemented with English (with English electronic handouts)

Course Fee

\$1,920 per course (\$1,600 per course for early bird registration before 2 December 2020)

Accreditation

CME/CNE/CPD Accreditation in application

Application Deadline

28 December 2020