

## 精神科 藥物濫用診所

### 前言

瑪麗醫院精神科藥物濫用診所已經在2008年重新投入服務，為香港島、中、西、南及離島區(東涌新市鎮除外)的藥物濫用者提供精神科服務。

本診所服務宗旨為向藥物濫用人仕提供全人身心照顧，為因藥物濫用而導致的精神及身體健康問題進行評估及治療。為達致全面康復，本診所與社區不同界別的專業人仕維持緊密合作，協助藥物濫用者戒毒及建立其可持續的「無毒生活」。

### 服務對象

有藥物濫用問題或因藥物濫用導致精神疾病的人仕。

### 服務範圍

- ◆ 為有藥物濫用問題人仕進行精神及身體狀況評估

- ◆ 為因藥物濫用導致精神疾病人仕提供戒毒治療及輔導，協助他們建立無毒生活
- ◆ 通過與非政府志願機構的緊密合作，為藥物濫用者提供社區支援及預防復發
- ◆ 為藥物濫用者的家庭提供支緩，增加其對藥物濫用者的了解，令家庭在治療及康復過程中，發揮正面的支持作用
- ◆ 為社區大眾提供藥物濫用的預防教育，並為非政府志願機構的前線工作者舉辦教育講座

### 診所位置及轉介

本診所分設在康復中心西區精神科中心三樓。

本診所接受由社工及私家醫生直接轉介。

(查詢電話: 2517 8140 / 6200 3554)


地址: 香港高街1號F戴麟趾康復中心南翼3樓

以上資料由瑪麗醫院精神科提供。



瑪麗醫院  
Queen Mary Hospital

## 精神科 藥物濫用診所 DEPARTMENT OF PSYCHIATRY SUBSTANCE ABUSE CLINIC

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## DEPARTMENT OF PSYCHIATRY SUBSTANCE ABUSE CLINIC

### Introduction

The Substance Abuse Clinic of Department of Psychiatry, Queen Mary Hospital has been re-established in 2008 to provide psychiatric care for people with substance abuse problems from the Hong Kong West Cluster (including part of the Southern District) and outlying islands (except Tung Chung New Town).

The Clinic aims at delivering holistic care with assessment and treatment for people with substance-related psychiatric and physical problems. Collaborating with other professionals including occupational therapist and social workers, we work with the substance abusers to attain abstinence, to rehabilitate them to sustain a substance-independent living, and to reintegrate them into the community.

### Target Population

The Clinic provides care to people with

substance abuse problems or substance-related psychiatric disorders.

### Scope of Services

- ◆ Performing assessments on the psychiatric and physical conditions related to substance abuse problems.
- ◆ Developing management plan to assist detoxification, to attain and sustain abstinence, and to treat substance-related psychiatric disorders and / or physical problems
- ◆ Collaborating with professionals from the non-governmental organizations to support substance abusers and to facilitate relapse prevention in the community
- ◆ Providing support to families and/or carers of substance abusers to enhance their understandings of the problems and to empower them to take up the supportive role throughout the treatment and rehabilitation process

- ◆ Providing education to the general public on prevention about substance misuse/abuse and conducting educational seminars for frontline workers from non-governmental organizations

### Clinic Locations & Referring Procedure

The Substance Abuse Clinic delivers services at 3/F, Western Psychiatric Centre in the David Trench Rehabilitation Centre.

The Clinic accepts referral from social workers and general practitioners.

(For enquiry : 2517 8140 / 6200 3554)

Address: 3/F, South Wing, David Trench Rehabilitation Centre, 1/F, High Street, Hong Kong

Information provided by Department of Psychiatry, Queen Mary Hospital