



**Service Priorities and Programmes**  
**Electronic Presentations**

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**To Diverse Degenerative Knee Pain Patients for Physiotherapy in Primary Health Care Setting from Secondary Care Setting**

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**Introduction**

Degenerative Knee pain is common problem faced in SOPC settings and accounts for large volume of cases load in secondary health care. It contributes loading for the outpatient physiotherapy waiting time.

**Objectives**

To provide early intervention for degenerative knee pain patients referred to SOPC physiotherapy from GOPC physiotherapy

**Methodology**

Patients referred to SOPC Physiotherapy( PMH) for management of degenerative knee pain would transfer to HKC GOPC physiotherapy for Education and Exercise class with GOPC doctors' collaboration.

**Result**

Degenerative Knee pain patients would wait around 4-6 weeks in receiving physiotherapy treatment in GOPC, compared to SOPC Physiotherapy chronic disease waiting time is 34 weeks. Program start from July 2017 until now, in total 43 patients referred to exercise and education monthly class. 85-90% attended for the group. Patients satisfied the workflow and recognized their degenerative problem and its management. Better level of care of physiotherapy provided for degenerative joint problems.