



Service Priorities and Programmes
Electronic Presentations

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The more healthier you are, the less medical expense you spend

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Chinese and Western medical world

The university and the Hospital Authority

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Introduction

I am working as a cashier in HA for almost 10 years now. I saw a lot of suffering at work. Even now, I still feel sad at the loss of my father who passed away a year ago, suffered a great pain at the end of his journey.

"Prevention is better than cure" in some way. Chinese medical is good at regulate and strengthen patient's immunisation system gradually while western medical is more focus on quick response to sickness.

Nowadays, it seems both Chinese and Western medical world is independent and incompatible. In fact, the globe is working towards making them supplementary to each other e.g. both Chinese and Western medical practice can work as a team or together to combat disease and develop preventive measures to make people healthier, live longer and die in a more natural comfortable way.

Objectives

Both Chinese and Western doctor diagnosis a patient at the same time upon consultation, so that both doctor can discuss, work out a comprehensive plan for the patient not only to relieve pain in short term, but also for a more comfortable recovery or end of life, even a long term future health life.

Because Western doctor is strong at surgery, to kill bad cells etc and Chinese doctor may prescribe mild medicine and suggest a balance food course etc so that the patient can benefit from both Chinese and Western medical care.

Methodology

To build up a good communication between Chinese and Western doctor, it can start training during the first year of both Chinese and Western doctor students.

Regardless of their universities and faculties, all doctor students can attend the same class where they can acquire the general knowledge of both Chinese and Western medicine.

Result

With ageing population, the society has put a great amount resources on curing people. With more people can have a healthier life and may die in a natural course, they will spend less day in hospital and clinics and they can take care themselves longer rather than need to be take care by the other in younger age. In such case, people can enjoy their old age and the society can re-allocate its resources to other areas.