



Service Priorities and Programmes
Electronic Presentations

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Display Board on patients' hope & appreciation with patient participation

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(1) E201 Female acute admission ward

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Introduction

Hope and gratefulness are important personal strengths to fight against adversity in life journey. Psychiatric patients are sometimes vulnerable to life change or adversity that lead to their relapse in mental illness. In order to enhance their resilience, they are invited and taught to create handicrafts with symbols of hope and gratefulness. Then, the hand-made handicrafts are posted on the display board that placed at the ward entrance for the appreciation of staff and relatives.

Objectives

- 1) to gain patient participation in ward project that put "hope" element under recovery approach into practice;
- 2) to enhance patients' self-esteem by displaying their hand-made handicrafts on the display board that gain the praise from staff and relatives;
- 3) to induce the sense of hope and gratefulness among patients during the process of creating the symbolised handicrafts

Methodology

- 1) handicraft teaching and creating
- 2) focus group discussion for outcome measure

Result

10 patients were invited to make handicrafts under volunteers' teaching. After completion of the display board, 100% patients expressed they felt happy because they could create good-looking handicrafts and their creations were praised by staff, relatives and other patients who passed by the display board. About 70% of the participants felt their self-esteem were enhanced as they contributed and participated to a ward project that could spread the message of hope and gratefulness to other needy psychiatric patients. 100% patients enjoyed the participation of this ward project.