



**Service Priorities and Programmes**  
**Electronic Presentations**

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better work-life balance  
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good nursing quality

**Introduction**

As the pilot scheme of 5-day work week in another surgical ward A8 received very positive feedbacks and response, all agreed to extend the scheme to ward B8

**Objectives**

1. To improve a better work-life balance and enhance the quality of nurses' family life
2. To improve job satisfaction and morale
3. To maintain a good nursing quality of ward nurses after implementation

**Methodology**

1. Collect the information from A8 ward and other hospitals
2. Review B8 routine work
3. Collect pre-implementation staff opinion survey
4. Pilot 5-day work week duty roster
5. Collect and analyze the post-implementation staff opinion after trial run for 6 months
6. Evaluate the program

**Result**

1. Staff opinion survey: All staff agreed to the implementation of 5-day work week, 94% of staff agreed that 5-day work week will improve work life balance and allow more rest time. 62.5% of staff agreed that 5-day work week will increase workload
2. Average number of sick leave day/head count for nurses has been decreased by 81%