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Maximize the protection to Community Nurses by effectiveness in using Personal Alarm by Personal Alarm Drill

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Introduction

Community Nursing Service provides holistic nursing care in the community. Community nurses (CNs) mostly work independently and handle diverse population and client needs. The personal safety issue and workplace health are big concern due to strange workplaces and clients. Nurses are treasurable resource to the HA. Hence, sufficient equipment was provided to CNs enhance workplace safety and cope with the various situations. Personal alarm is one of the safety protection equipment. It can draw attention to any crisis once activate the alarm. It is a perfect self defense for CNs. However, CNs did not better make use of the personal alarm in most of the time even they are in threat. It may be due to lack of practices and information in using the personal alarm under critical situations. Therefore, a personal alarm workshop has been conducted in Kowloon Hospital Community Nursing Service.

Objectives

Arouse the alertness of CN and maximize the protection in using personal alarm effectively when they are at risk.

Methodology

1. Held a personal alarm workshop to provide the relative information and demonstration to CNs. For instance, the general use of personal alarm in daily home visit, the maintenance of personal alarm.
2. Conducted a personal alarm drill to help CNs to practice how the personal alarm can be used in various scenarios for reference. It helps CNs to gain experience and confidence to deal with real life crisis or emergency situation, such as animals attack and sexual harassment.

Result

Mostly CNs of Kowloon Hospital appreciated the workshop and personal alarm drill. The confidence level toward using personal alarm was highly increased after the workshop and drill.

The personal alarm workshop and the personal alarm drill aroused CNs alertness in using personal alarm effectively when they are at risk.

The program gained highly appreciation and support from the head of KH/CNS department. It plans to implement personal alarm drill regularly every year.

Furthermore, add "How to Use the personal alarm" into CNS induction program for new comer.