



Service Priorities and Programmes
Electronic Presentations

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Holistic Care- Nurse-administered Shower bath for Invasive Mechanical Ventilated (IMV) patients

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Introduction

Bathing is a fundamental need for human being. Nurses will offer bed bathing for those patients with critically ill, poor condition, bed bounded. DTBC admit patients with Chronic Mechanical Ventilator Support. Those patient are putting on invasive mechanical ventilators (for 60 days or more) and will transfer to DTBC for weaning and rehabilitation. The median ventilator days before transfer to DTBC is 154 days in 2015/16 and 60 days in 2016/17. They are staying in the hospital more than 2 months and can only enjoy bed bathing. It is an extravagant hope for them to have a shower bath in the bath room.

Objectives

Enhance the basic nursing care to Invasive Mechanical Ventilated (IMV) patients.

Reduce risk of skin colorization and infection with multidrug resistant organisms.

Provide holistic care, not only to patients but to relatives.

Methodology

A descriptive design was used and data were collected from patients, relatives, physicians, nurses and supporting staff, allied health colleagues. Besides interviewing, pre & post questionnaires are given to patients (alert and conscious) and relatives for their satisfaction level.

Result

Patients and relatives, physicians and allied health appreciate the shower bathing arrangement. The satisfaction score for patients and relatives were 100%. They valued the shower bathing and equal with "good" nursing care. Some nurses and supporting staff, starting with hesitation and alleged that there was risk, lack of manpower to perform the shower bathing to IMV patients. The care team will perform full assessment on patient's condition before shower bathing, clear communications to patients and relatives, clear instructions to all health workers participating in the tasks, good planning, shower bathing is not an extravagant hope for IMV patients. Basic nursing care is enhanced, improve patient hygiene, promote comfort an

improve health outcomes. Holistic care is provided to patients with IMV. The care team recognizes the upside of showing bathing for patients with IMV, increase job satisfaction to all health care workers, also, improve self-image for IMV patients.