



Service Priorities and Programmes Electronic Presentations

Convention ID: 28

Submitting author: Ms Mandy TSANG

Post title: Registered Nurse, GH, HKWC

Repositioning Patients to Prevent Pressure Injury through I.D.E.A

TSANG MK(1), CHAN KH(1), KWOK KT(1), LEUNG YM(1), NG YC(1), YEUNG CH(1)

(1) Tuberculosis and Chest Unit, Grantham Hospital

Keywords:

prevent pressure injury

repositioning patients

change the behaviour

Introduction

Most of the elderly patients admitted to TBCU have the Norton score of ≤ 14 , at risk of developing pressure injury. It was evident that repositioning could reduce pressure and shearing force thus, minimize chances of developing pressure injury especially for those frail elderlies. To promote the correct way to reposition patient during hospitalization, on top of classroom teaching to supporting staff, a poster was also developed and posted up in ward prominent areas with aims to 1.involve the participation from relatives 2.serve as public education 3.remind and promulgate to health care professionals the correct ways of repositioning patients.

Objectives

To enhance the knowledge of pressure injury formation and proper positioning in prevention of pressure injury among health care professionals

Methodology

Stage 1: Introduction-to develop a poster on repositioning of patients, follow the rule of 30 degree with consultation from Ms. Lee, NC (stoma & wound care). Stage 2: Design-include a formalized training during the orientation and induction program to all newly joined nursing and supporting staff. Stage 3: Emphasize-share & promote the practice in integrated wound management team meeting and during integrated pressure injury monthly ward round. Stage 4: Audit-through observation and spot check on the health care professionals to confirm whether they are all in correct practice as a follow up audit in 2Q 2018.

Result

Patient is repositioned optimally to reduce chances of forming pressure injury.

1.Through day to day observation, health care professionals showed compliance of proper repositioning of patients. 2.Total of 111 health care professionals (35 nurses, 76 supporting staff of TBCU) have participated in the "Stop Pressure Injury day on 17 November 2017, they were evaluated by return demonstration of proper positioning during the game booth and with correct answers produced (91%).The I.D.E.A. is a

good start to promulgate the culture of enhancing awareness to prevent pressure injury in TBCU.