



Service Priorities and Programmes Electronic Presentations

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Life & Death Education : Death Caf

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EOL care

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Introduction

Patients and their families need compassion, support and education along the health-illness continuum. Life is full of personal choices. Education is essential to help patients know their choice and share their wishes with their families. We believe that everyone approaching the end of life has the right to the highest quality care and support. Researches shown that community engagement programme are a crucial first step and contribute towards a greater realization of a public health vision of end of life care based upon the partnership relationships. Community engagement programmes represent a basic form of community development in the aspect of end of life care. Such program as lead by social workers can help to build the capacity of participants about their own experiences of death, dying, care and loss.

Objectives

To provide platform for participants getting involved to discuss what they concerns and listen to others thus generate reflections on their own. The design of Death Caf provides a relaxing atmosphere and facilitates the participants to discuss the life and death issue.

Methodology

Through the sharing of the speakers, participants can be empowered and be more ready to face the life and death issue. On the other hand, they can have more understanding on the preparation of 'Will', 'Enduring Power of Attorney' and 'Advance Directive in relation to Medical Treatment'.

Result

96% Participants appreciated the arrangement of the caf and found the discussion beneficial to their understandings on facing the end of life situation. Counseling on practical issues, including health care wishes, planning for financial needs, Sharing on preparation of financial issues, Advance Care Planning & Advance Directive empowered participants' to make their choice and plan ahead for the future. One of the missions of Patient Resource Centre is to empower others in the community, to problem solve their anxieties, or supporting them in promoting health and wellbeing at their life journey. The community engagement program on end of life

care could be organized regularly to empower our communities to set their own goals and shape their end of life experience. Different variety of discussion format may be explored in order to bring the most comfortable environment for participants to explore their feelings and thoughts.