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Exploratory Study: The Impacts of Systemic Family Centered Practice Training on Psychiatric Nurses with Semi-structured In-depth Interview.

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Keywords:

Psychiatric nurse training Family centered approach The impact of training The format of training

Introduction

Under the latest trend in the mental health services, community-based rehabilitation, and the crowded living condition in Hong Kong (Chan et al., 2015). Family-centered approach is the best support for families in their homes and community (Prelocket al., 1999). There is no study about the comprehensive impacts on the systemic family centered practice training program on psychiatric nurse in Hong Kong.

Objectives

To explore the comprehensive impacts of the systemic family centered practice training on psychiatric nurse in Hong Kong.

Methodology

Semi-structure interview was applied for understanding the comprehensive impacts of the systemic family centered practice training on psychiatric nurse. 4 psychiatric nurses were invited for the interview with snowbell sampling. Thematic analysis was applied to analyze the findings.

Result

Result

The interviewees reported the comprehensive impacts of the systemic family centered practice in personal, relational and professional aspects.

Conclusions:

The family centered practice is useful for psychiatric nurses' personal, relational and professional growth. The current study provided a reference for exploring the comprehensive impacts of family centered practice training in other professionals. Moreover, the current study indicated that the multiple training methods were good for the training.