Energizing TMH Volunteer Service: TMH Sunshine Angel Program

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Keywords:
Student summer volunteer program
Direct patient volunteer service
Understanding of health care professionals
TMH volunteer profile and intervention modalities

Introduction
Tuen Mun Hospital Community Services Centre piloted the student summer volunteer program "TMH Sunshine Angel Program " since May 2012 for F.4 and above students. The program provides opportunity for students who have shown interest in further their study in healthcare related field to directly deal with patient in in acute, rehabilitation, mental health, hospice and GOPC settings, and exposure of patients from life to death in hospital setting.

Objectives
(1) to facilitate the collaboration and partnership between secondary schools, universities and TMH, (2) to enlarge the service scope and volunteer pool, (3) to provide service opportunities for youth rendering volunteer service in hospital setting, and (4) to enhance understanding on health care professions in health care settings.

Methodology
1. To liaise with various TMH departments on collaboration of the pilot volunteer scheme
2. To recruit student volunteers F.4 and above from TMH Website
3. To conduct volunteer training sessions tailor-made for angels
4. To conduct various direct patient volunteer services with 13 departments in NTWC
5. To establish mentorship scheme with the support of angel graduates

**Result**
From 2012 to 2017, 250 angels served 23260 service hours by conducting direct patient volunteer services in 13 NTWC departments of TMH, CPH and FM&PHC. It creates a love, tender and caring energetic environment for patients and carers. Sunshine angels are beneficial with more understanding on health care professions, an unique clinical experience of better listening and reading patients and carers, and further their own occupational interest. TMH volunteer service are ultimately energized with expansion of volunteer profile, enhancement of volunteer training kit, effective use of mentorship system in agency volunteer services, and also variety of intervention modality.