

**PS1.1**

**Patient Monitoring – Inpatient, Outpatient and Home Monitoring**

**13:15 Theatre 1**

## **Integrating Sensors and Wearables into Mainstream of Healthcare: Opportunities, Issues, and Considerations**

*Ho K*

*Faculty of Medicine, University of British Columbia, Canada*

---

This presentation will explore the use of wearables and sensors in health and how they can be judiciously introduced into health system to contribute to patient care. Participants will:

- (1) Understand the principles why wearables and sensors are valuable tools to support patient wellness and disease management.
- (2) Study examples in British Columbia of prescribing sensors and wearables to patients to improve patient and health system outcomes.
- (3) See emerging trends in sensors and wearables that will influence how healthcare will be delivered in the future.