

Rehabilitation for a Million – a Community Rehabilitation Model of New Territories West Community Rehabilitation Day Centre

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Introduction

The Neighbourhood Advice-Action Council (NAAC) New Territories West Community Rehabilitation Day Center (NCRC) is one of the four community rehabilitation day centres (CRDC) under the subsidy from the Social Welfare Department of the Government of the Hong Kong Special Administrative Region. NCRC provides a holistic rehabilitation training service to facilitate early discharge from hospital, enhance patients' physical function, strengthen domestic and community living skills and help integration into the community.

Scope of services

The targeted participants for service at NCRC are discharged patients aged 15 and above, and suffered from stroke, neurological or physical impairments that affect their functional performance and in need of continuous rehabilitation training. Our professional team includes physiotherapists, occupational therapists, social workers, nurses, and CMP. Services provided include rehabilitation training, day care or day respite for severely disabled persons, carers' training, home visit and acupuncture service.

Statistics

In 2016, the total number of new intake cases was 469 cases, with referrals from Tuen Mun Hospital (403 cases), Wu Hong clinic (25 cases), Pok Oi Hospital (five cases), Yan Oi General Outpatient Clinic (four cases) and others (32 cases). New intake case types were stroke (218 cases), pain (175 cases), neurological (25 cases), orthopaedic (16 cases) and others (35 cases). For rehabilitation training, we recorded a total of 3,773 attendants with an average of 314 attendants/month, and 17,825 attendances with an average of 1,485 attendants/month. For day care and day respite, we recorded a total of 698 attendants with an average of 58 attendants/month, and 5,582 attendances with an average of 465 attendants/month.

Service outcomes

Upon discharge from our centre, we obtained a 100% satisfactory or very satisfactory level from clients via our feedback questionnaire.

Networking in the community

Our centre also provides further networking of services in the community, including referral to TOHC, a home-based elderly training service; speech therapy and supported employment. These services are further referred through our social workers for suitable clients.