Introduction
The Palliative Care Centre of TWGHs Wong Tai Sin Hospital (the Centre) aims at maintaining staff wellness and working competency. Colleagues often experiences loss and sadness during their role of duty.

Objectives
The Staff Wellness Program (the Program) in the Centre facilitates the following Objectives: 1. To provide corresponding support to nurses 2. To nurture a harmonious workplace 3. To enlighten nurses commitment and psychosocial well-being

Methodology
The three main elements are Personal Support, Environmental Support and Clinical case Sharing. 1. Personal Support: Wellness are processed through mutual trust and reducing the chance of burn-out. 2. Environmental Support: “Staff Oasis” in The Centre allow nurses to cool down their emotion in case of experiencing unbearable loss and sadness during their role of duty. 3. Clinical Case Sharing: It helps sustenance of a harmonious working environment and a non-blame culture. It also enhances peer communication, arouse their commitment, empower clinical decision-making and improve competency in patient care.

Result
Staff satisfaction survey on the Program was conducted. A total of 6 RNs and 6 ENs participants had completed the survey. 50% of them worked in palliative care centre for over 10 years with Specialty Training. 75% of the respondents reported that they gained support and recognition from the management. 75% of respondents agreed that the Program could benefit them in handling patients’ conditions and strengthen their competency. 92% of respondents revealed that team spirit and peer communication are enhanced through the Program. Palliative nurses' wellness can be
enhanced because of the care and support provided through the Program. Effective staff wellness program could enlighten nurses’ commitment and psychosocial well-being in order to maximize the quality of patient care.