The promotion and implementation of a Person-centered Care Plan for In-patients

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Introduction
The global paradigm shift of mental healthcare emphasizes a collaborative partnership between the service providers and the full participation of the mental health service users. In line with the universal service trend, the Nursing Task Force on Person center care of Castle Peak Hospital (CPH), together with patients, carers and nurses has jointly developed a Person-centered Care Pathway for inpatients where a tailored made care plan for individual patient puts a highlight on the process. The care plan is individualized in nature utilizing service users’ own strength and potentials. Series of promotional activities such as production of newsletters, trainings and publication of recovery booklet for patient, carers and staff were launched for facilitating the implementation of the Patient centered care plan. The electronic version of Patient centered care plan was piloted in 7 wards of different nature in CPH. A survey was conducted by end of the pilot for measuring the level of satisfaction for service users and staff.

Objectives
To promote and implement the Person-centered Care Plan for hospitalized psychiatric patients. with an aim for empowering service users in care planning and increasing the level of satisfaction among patients, carers and staff.

Methodology
The person center care plan was piloted in 7 wards of different inpatient settings during the period from September 2013 to March 2014. A pre and post implementation survey using questionnaires were conducted on 120 patients, 53 carers and 63 nurses. Data were analyzed with findings shared among nursing staff in
May 2014.

**Result**

There are significant improvements in patients’ satisfaction in terms of 1) Information received, 2) Interpersonal aspect of care, 3) Continuity / Coordination of care and 4) Global evaluation. Over 77% nurses believe the care pathway promotes nurse-patient relationship and 88% nurses consider the care pathway enhancing the quality of care to patient. Although the implementation of Person-centered Care Pathway increase the nurses' workload, over 70% nurses support the implementation. The survey result is pleasing and encouraging. The Person centered care plan is welcomed by nurses and service users. Though nurses' perceived an increase in workload, all wards in Castle Peak Hospital were eager to have the care plan in place in their wards before the pilot ended. The patient centered care plan was in full implementation in CPH in November 2014. An evaluation of the plan will be conducted six months later.