Improving quality of life in infirmary long term patient through patient activity
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Objectives
There are three objectives of the program. Firstly, to establish the good relationship and communication among ward staff, carer and patient. Secondly, to promote quality of life. Lastly, to promote the engagement and involvement of carer and ward staff in process of infirmary care.

Methodology
The program of patient activity for infirmary patient and carer are divided into two parts that are large scale and small scale patient activities. Large scale patient activities are cooperated with Medical Social Worker to invite the volunteer to participate. The topic including birthday party, festival celebration and massage skill workshop. The large scale patient activities will be conducted half yearly. The small scale patient activities are initiated by ward staff including the one step program and snack round. The patient will be recruited in one step program if fulfilled selective criteria (AMT >4, Communicable with name and simple greeting, Follow 1 step command). It conducted every 2-3weeks. The topic including watching movie, newspaper reading, handcraft making, daily orientation etc. After each time of one step program, nurse will give the feedback to patient and carer immediately. Another small patient activity is the snack round. It will be conducted monthly and festival date.
Nurse need to assess the swallowing ability of patient to select the suitable patient.

**Result**
The feedback from patient, carer and ward staff are positive for patient activity program. To carer, they actively give suggestion of topic for next patient activities such as continuing the massage skill workshop and one step program etc. Moreover, they are so joyful to share the caring experience with other carer during the activity and let them feel supportive and caring from staff. To staff, they can directly receive the feedback from carer and share the joyful of them. Conclusions: The patient activity program can let patient, carer and staff having a chance to share, to participate and to establish the good communication among them. This is a good chance for them to engagement in infirmary care and promoting the quality of life.