End-of-life care training program in an acute medical ward
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Keywords:
End-of-life care training program

Introduction
It is essential to provide comfort and dignity care to patients especially when the dying phase - the final journey of one's life. However, an effective nursing management of imminently dying patients in acute medical wards is challenging because of the heavy workload in an acute medical ward and lack of related knowledge. To strive for the better nursing service to patients, an End-of-life care Training Program was conducted in October 2014 in the ward.

Objectives
1. To enrich staff knowledge and skills in handling imminently dying patients and their families. 2. To provide quality care to imminently dying patients and their families on physical, psychological, social, spiritual aspects in acute ward setting.

Methodology
A care pathway was developed after a thorough discussion and consensus in the ward. Six training sessions for nurses and health care assistants were then conducted in October 2014. The concept and attitude towards "Good Death" and related nursing management to patients and families were included. Open discussions and demonstrations on practical skills were conducted to facilitate their understanding. A self-designed questionnaire was used to evaluate the satisfaction and outcome after the training sessions.

Result
All nurses and supporting staff in ward attend the training sessions. 17 questionnaires (71%) were collected after the training sessions. Nurses rated the topics from 4.88 to 5.11 out of 6, indicated that the seminar is practical and useful in daily practices. Nurses are satisfied with overall topics (5.05 out of 6) in general. Feedbacks were received through discussion and they understood that it is important to provide comprehensive care for the dying patients and their families. Besides, the duration of
the seminar is just right for understanding. The care pathway and training sessions help facilitate staff colleagues to manage the dying process. It improves symptoms control, multidisciplinary working and improves nurses’ confidence in caring for the imminently dying patients. In the way forward, further training such as bereavement for families are needed to comprehend the End-of-life care in the medical ward provided.