Introduction
Elderly patients who aged ≥ 75 years were at increased risk of hospital mortality with postoperative complications and longer length of hospital stay as compared to younger patients after CABG surgery. The program was to promote early recovery post CABG surgery in very elderly patients from CTSD ICU to CTSD general ward on post-operative day (POD) 2.

Objectives
1/ To evaluate the efficacy and safety of the early recovery program for the very elderly patients post CABG surgery; 2/ To promote early rehabilitation post CABG surgery.

Methodology
From March 2013 to October 2013, we supported 23 very elderly patients who had CABG surgery in a Cardiothoracic Surgical Intensive Care Unit of Queen Mary Hospital.

Result
23 very elderly patients were aged ≥75 years for CABG surgery between March 2013 and October 2013 in the CTSD ICU of Queen Mary Hospital. The mean age was 78 (range 75-82) years. Subjects (n = 18, 78%) were male and (n = 5, 22%) were female. Post operative early nursing interventions included weaning from mechanical ventilatory support and extubation on the day of operation, nutritional support 4 hours after extubation on the day of operation, getting out of bed and sitting on a chair on POD 1, exercises being guided by physiotherapists and stayed active as soon as possible on POD 1. Among the 23 patients, 17 elderly patients (74%) were successfully discharged from CTSD ICU to CTSD general ward on POD 2. The mean
length of stay in CTSD ICU was 3.91 days (range 2 -16) days. Early post operative mortality (30 days) was observed to be 0%. No postoperative bleeding, stroke, acute renal failure, acute myocardial infarction, cardiac tamponade and pericardial effusion were reported during their stay in CTSD ICU. However, 6 elderly patients (26%) were not able to be transferred out of CTSD ICU on POD 2 due to prolong ventilatory support or cardiac arrhythmia. Promotion of early recovery post CABG surgery in very elderly patients from CTSD ICU to CTSD general ward on POD 2 has been a successful program as 74% of the very elderly patients were successfully early recovered from the life-saving CABG surgery.