**Add+ HOC(House of Coffee) Café: adding opportunities and meaningful values for participants in psychiatric day hospital**

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Vocational Rehabilitation  
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**Introduction**
Coffee culture of Hong Kong began in restaurant and ice room in the past decade, while Hong Kong has entered a new direction of flourishing coffee culture in recent years. From chain stores to personalized café, coffee for sale is all over the streets that increase the job opportunity of being barista. As a result, training on coffee brewing, tasting and serving is more popular in commercial market. Psychiatric Day Hospital service is designed to provide a vocational rehabilitation and social environment for patients with mental illness to reintegrate into community (Bryant et al., 2004, 2005) through enhancing participation in occupations and social opportunities that is the way to facilitate recovery and prevent relapse. Bryant (2009) also stated that Occupational Therapy in a context of day services is to restore and maintain skills and abilities that have been impaired affected by symptoms of mental illness with the experience of occupational alienation, presented with meaninglessness, withdrawal and boredom. Creating opportunities and choices for participants to engage in the occupations that have been dealing with their meaningfulness and relevance to daily living plays an important role in supporting recovery.

**Objectives**
1. To set up a coffee café in Psychiatric Day Hospital with training on coffee brewing and serving for bridging the gap between rehabilitation services and community life. 2. To provide participants with opportunities and meaningful values for exploring their future direction and facilitating the development on their vocational pathways and leisure cultivation.

**Methodology**
Setting up a coffee café with decoration, purchasing related tools and materials for coffee brewing, developing a training manual and a training staff on coffee brewing was the initial phase of the program. In the second phase, coffee making and serving class was conducted weekly in the day hospital.

**Result**

50 participants were served per month in the coffee brewing class. In addition, 1 educational talk on coffee tasting and culture was also organized to spread the trendy culture among the participants. Staffs from Community Non-government Organization (NGO), Employment Retraining Board (ERB) and Labor Department were invited to provide vocational exploration talks on coffee brewing related jobs and training opportunities in Hong Kong. Discharge of patient from Psychiatric day hospital is not the terminus of this training program. The continuity of recovery program is liaised with NGOs on further training, in coffee brewing and serving, and providing employment opportunity.