Service Priorities and Programmes

Electronic Presentations

Convention ID: 1137
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Partnership program"Forget me not" by Psychogeriatric Team of Kwai Chung Hospital and HKSKH Lady Maclehose Centre

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Keywords:
Mild cognitive impairment
Early stages Dementia
home-based daily life coaching

Introduction

Since 2013, KCH and HKSKH Lady Maclehose Centre jointly launched a social and health partnership project “Forget me not” to the mild cognitive impairment (MCI) and early stages Dementia elderly clients. The project includes educational and training to the volunteers to conduct home-based daily life coaching, early screening for any cognitive decline and refer to Specialist PGOPD by PG Mobile Nurse Clinic (MNC) and consultation on complex and difficult clients by KCH medical and nurse professionals.

Objectives

1. To collaborate with community partners for holistic care to the MCI and early stages Dementia elderly clients 2. To alleviate the dementia burden facing by their carers 3. To promote the wellness of dementia through early screening, prompt treatment and rehabilitative cognitive training 4. To establish cost-effective community intervention 5. To develop community-based service model for (MCI)

Methodology

1. PG team of KCH conducts education and training on MCI, early screening and consultation on complex clients to the volunteers 2. HKSKH Lady Maclehose Centre trains volunteers to organize individual home-based daily life coaching program for clients and their carers 3. The program consists cognitive games, social engagement and professional advice on carer support 4. Centre will conduct pre- and post-assessments on MMSE, MoCa, ADL and IADL to evaluate the effectiveness of the programs 5. Centre will refer those elderly clients with cognitive problems to PG MNC for screening and treatment if necessary

Result

1. Total 45 clients were referred for early screening by PGMNC, only 53% needed PGOPD Fu. Among 18 clients, 83% were diagnosed to have Dementia and it demonstrated the partnership program between social and health care did successfully identify the clients in need to receive prompt early intervention. 2. Data showed the program had positive improvement on both cognitive and self-care functioning To conclude, partnership programs by social and health is inevitably the modern trend of community-based service for MCI and early stages Dementia. Engagement of carers with trained volunteers' help keep the clients pace in the community.