



Caring Project 傳承計劃



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Objectives



- To coach and mentor junior APNs via a structured mentorship model which focused on soft and caring skills transfer.
- Cross-department matching gave mentors and mentees opportunities to gain insight from their unique alliance.
- To establish a dynamic relationship and experience sharing atmosphere between personal mentor and mentee.
- To enhance personal, professional and leadership development of the selected junior APNs.

Happy Times



Respect • Holistic • Teamwork •



Safety & quality • Keep improving

Results & Outcomes



Allow to learn / interact	95.5%
Stated objectives achieved	86.5%
Satisfied with the project	88%
Recommend this project	92%
Suggest to conduct regularly	88%

Reflective Journals



My mentor **shared** her career pathway with me. I can **gain a lot** of clinical and social experience from her..... **valuable sharing** with my mentor..... know more about the work of each other through the sharing..... know about the **working culture and style** of the hospital through the informal discussion with my mentor. It is especially **important for me as a newcomer** of the hospital. It **helps me to adapt and catch up the working beats and rhythm** a lot..... I can meet the APN colleagues from various departments via the mid-term gathering session and that **help me to expand my career network**.....
I really feel that we are working in a team as we are living in the warmest RHTSK family.

Reflective Journals



My mentor shares the **“survival skills”** and the personal experience to me..... helps me to **widen my horizons and familiarize with the new role** in new working environment as well as hospital policies and culture by funny stories.....gives me **thoughts and ways of looking at things from a different perspective.** What I appreciate most is that she discussed matters, and shared experiences, but she **expected me to create the solutions and find answers independently**.....challenges the “norms”. It certainly **makes me re-think** the role of me.....

Members



律敦治及鄧肇堅醫院



THANK YOU