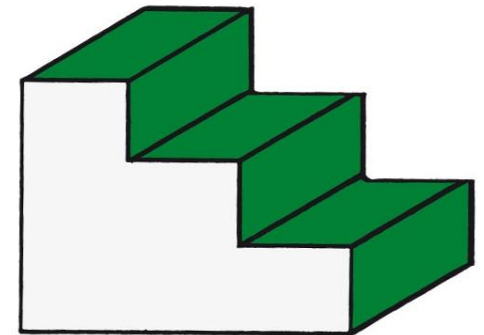


Evaluation of a New CP Service Model in HA: PCAI (Psychology Assistants) Program

Wu K, Liu K, Leung F, Kwok AWY, Kwong-Lo R, Li SY, Ngan J, Tsang-Law D & Wu L
Service Development Subcommittee, Co-ordinating Committee in Clinical Psychology

BACKGROUND:

- CP services review in 2008/09 with Prof. Paul Salkovskis as the consultant
- CP services has piloted a new ***stepped-care model*** to enhance the capacity and quality of CP services
- ***Psychology Assistant*** (PCA I) has been recruited to provide low intensity services while CPs focus on high intensity services
- 15 Psychology Assistants (PCA I) have been recruited since 2012-2013



OBJECTIVE:

- To evaluate the Psychology Assistants programme by examining the impact on various outcome parameters

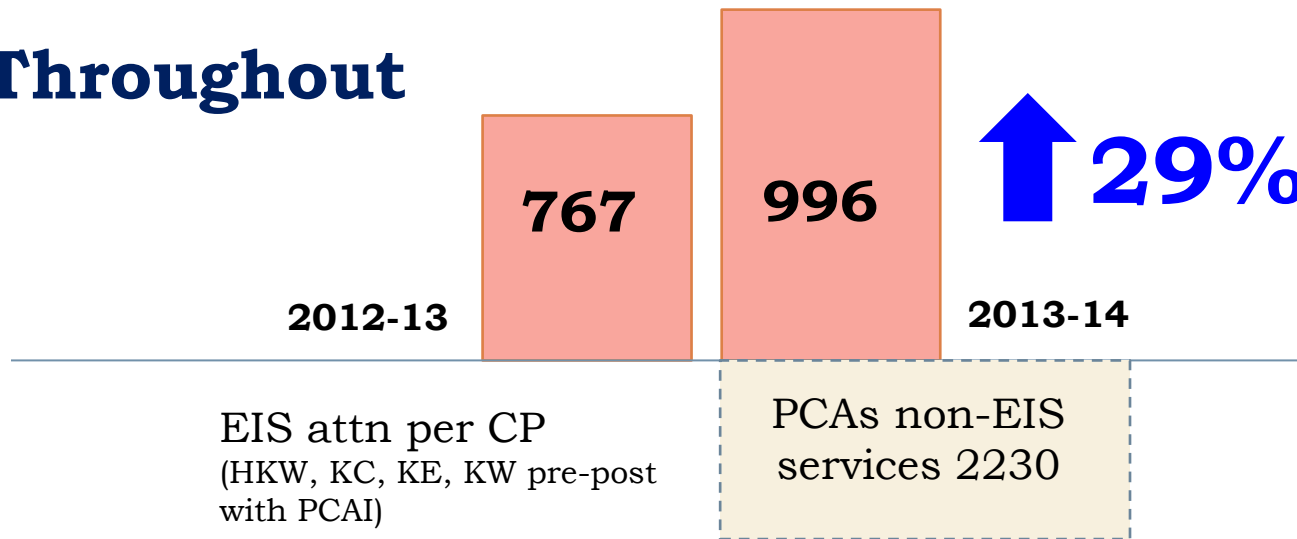
METHODOLOGY:

- Review the outcome of Psychology Assistant Program launched in various clinical specialties
- Outcome parameters
 - Volume of work downloaded from CP to Psychology Assistants (i.e., psychological assessment & intervention work)
 - Service volume (i.e., attendances & waiting time)
 - Service quality (i.e., number of follow-up attendance for each patient & standardized self-report clinical outcome measures).

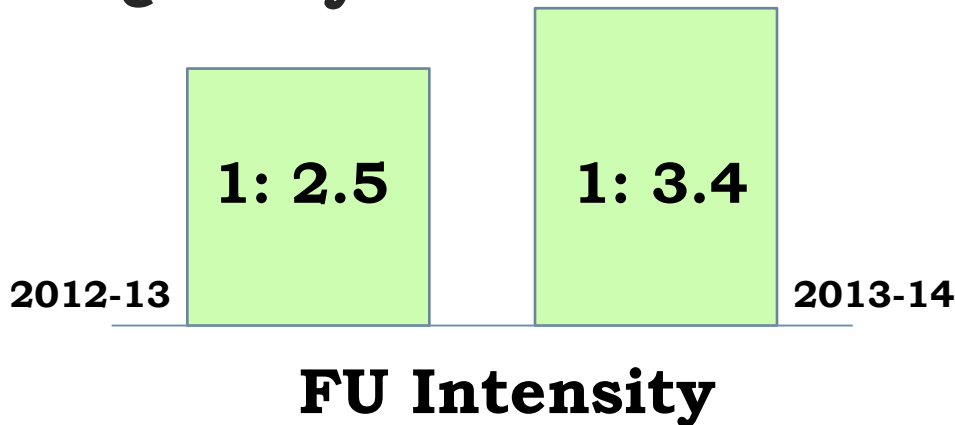
RESULTS & OUTCOMES:

Palliative Care Units (Sep 2012 to Jul 2013)

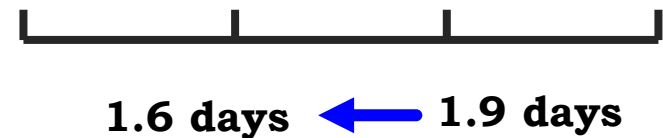
Throughout



Quality

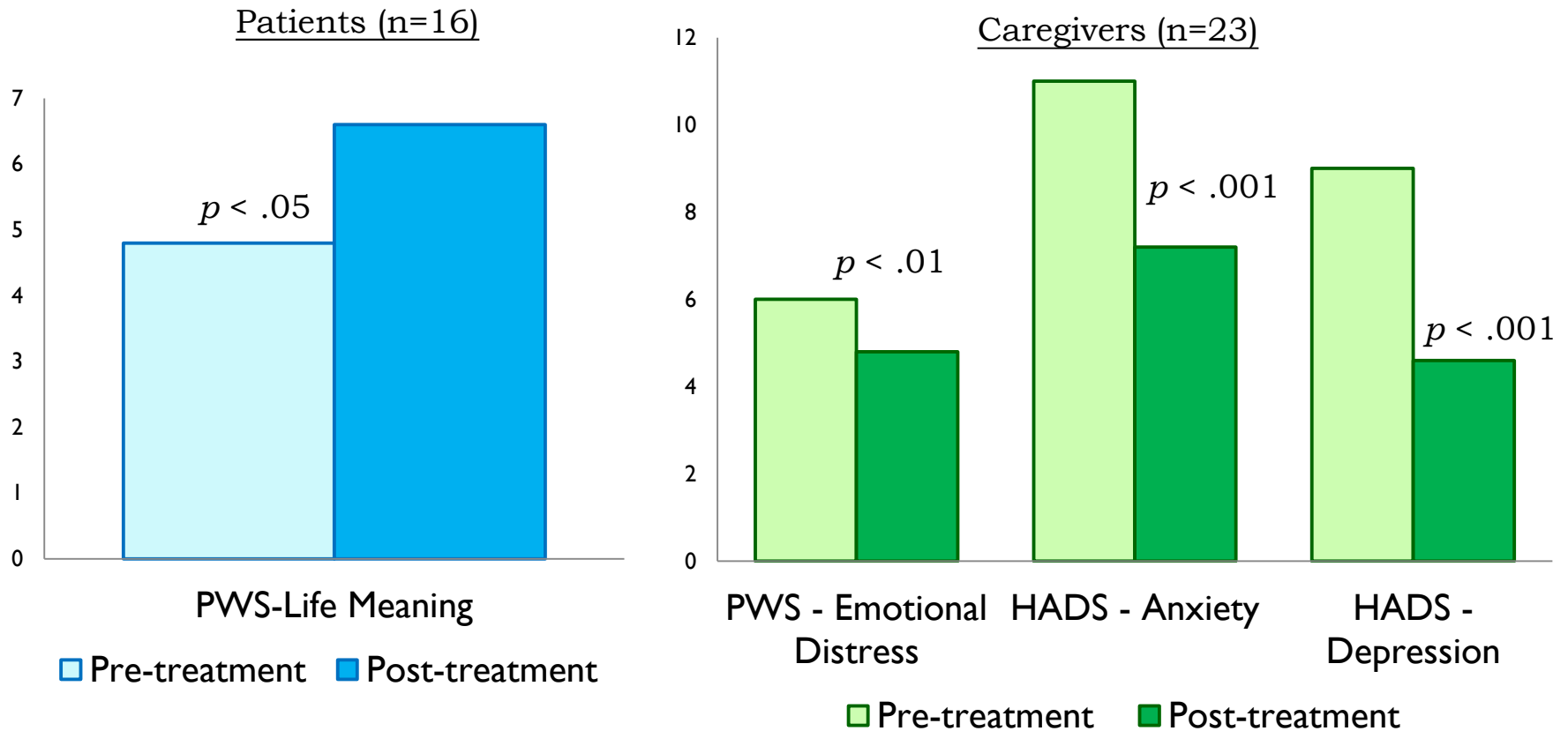


Waiting Time



Palliative Care Units (Sep 2012 to Jul 2013)

Outcome (Pre-post Treatment Comparison: Improvement in Psychological Well-being)



Data from PCUs of CMC & OLMH

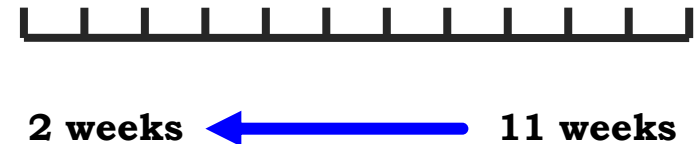
GOPC (Nov 2012 to Jul 2013)

Throughput

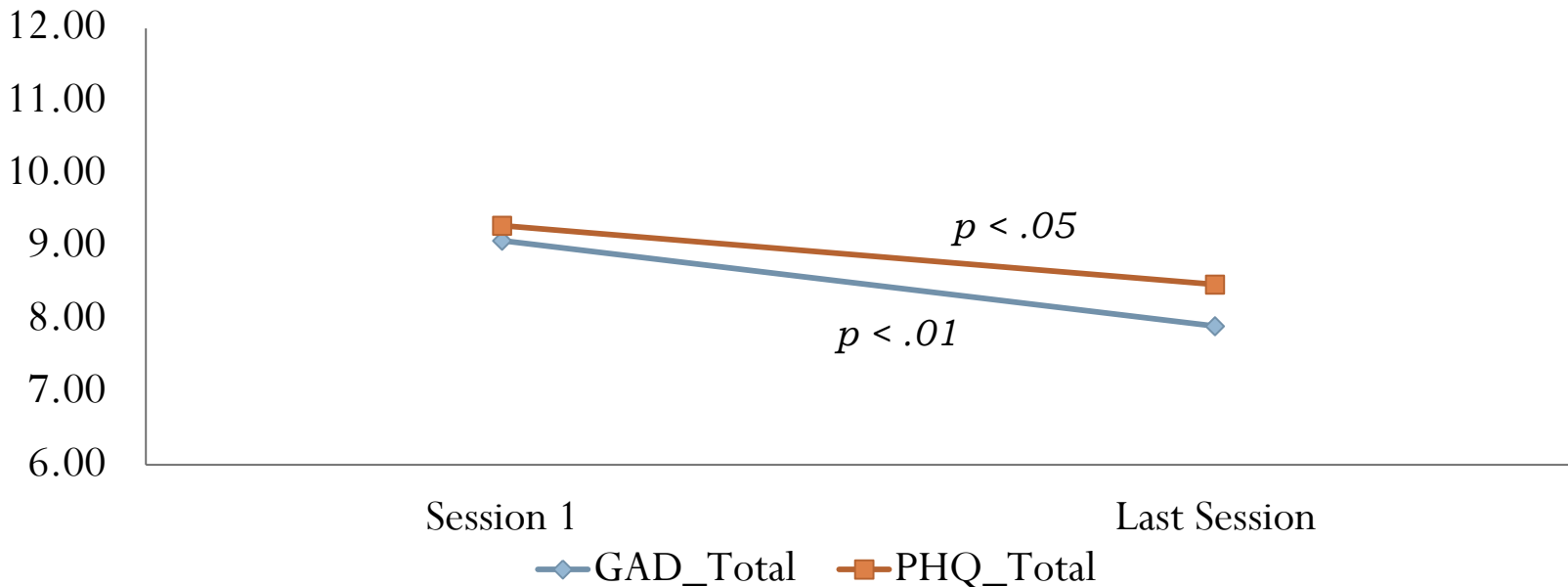


Tl attn (group) by
CP or PCAI under
supervision
> 1300

Waiting Time



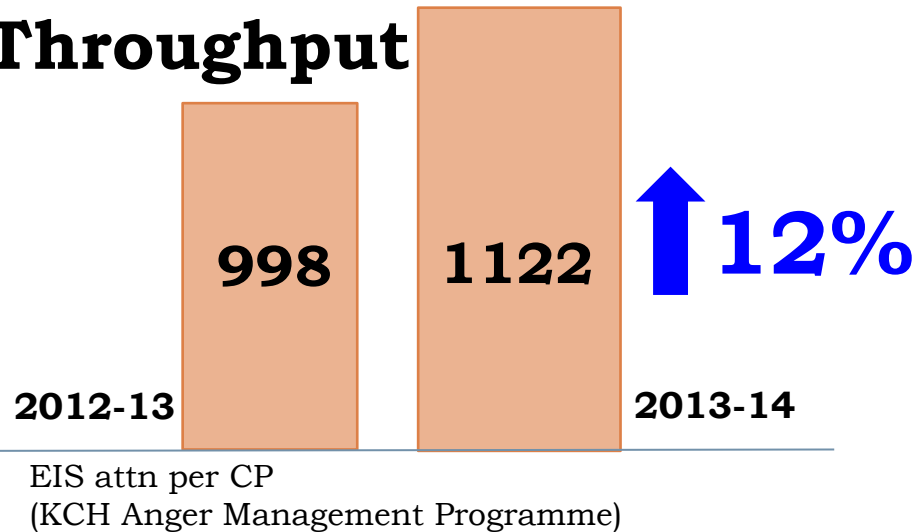
Outcome (Pre-post Treatment Comparison of Anxiety & Depressive symptoms)



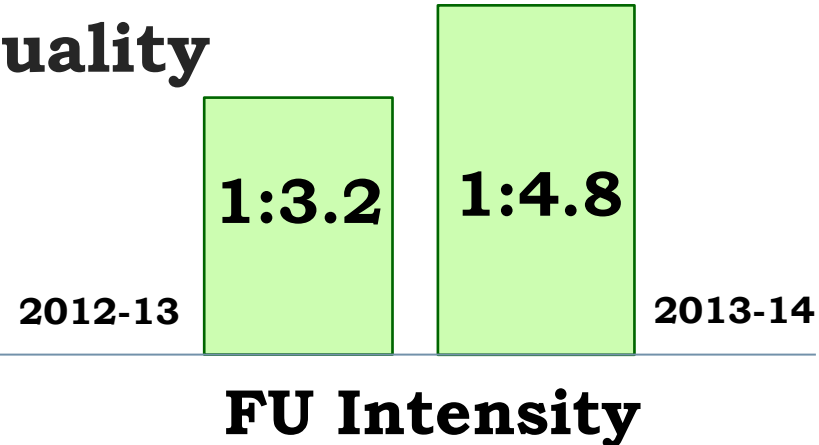
Data from CP group service in GOPC of HKE

Psychiatric Services (Aug 2013 to Jan 2014)

Throughput



Service Quality



CONCLUSION:

- The present evaluation shows that the new CP service model introducing Psychology Assistants to provide support for low intensity work is **effective in enhancing capacity and quality of CP service**
- Further support for the Psychology Assistant program with addition of Psychology Assistants is suggested