### **Paediatric Rehabilitation**

Carol Lo
Ward Manager
Developmental Disabilities Unit
Caritas Medical Centre





#### Nursing

Kwong Choi Ha Lo Chui Ha Carol Ng Lai Sze Maxica Tong Hoi Ning

(APN TMH) (WM CMC) (APN QEH)

(APN DKCH)

#### <u>OT</u>

Katrine Chau (OTI QEH)
Sanne Fong (SOT PMH)





## **Impression**

- Patient and family centered care facilitate the treatment and discharge process
- The treatment plan was well discussed and agreed during the outpatient clinic before arrangement of admission

## **Impression**





The environment is child friendly



# The family suits













Allow family to stay within the hospital during the admission of patients and enhance parent's visit and participation

**Healing Garden (Outdoor)** 



## **Multidisciplinary Collaboration**



The collaboration between multidisciplinary team members provide comprehensive care tailor to the patient. They communicate closely and have clear and definite roles

# **In-patient Rehabilitation Meeting**

Name Diagnosis

Scheduling issues

Appropriate for pass?

Medical Updates:

#### **Goals for discharge Discharge Date:**

- -Community Re-entry
- -Family Education
- -Equipment needs
- -Positioning / Mobility
- -Cognition
- -Self Cares
- -Transition (to out patient)

Family Dynamics

Priorities for the week ahead (how to support goals for discharge):

Strengths

**Barriers** 

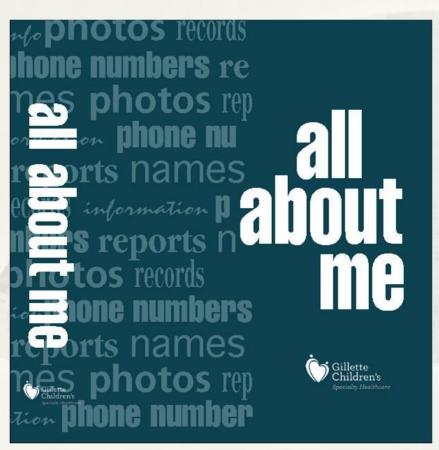
### **Education materials**

Standardized information / education materials enhance parents' and care-takers' understanding of patient's condition and treatment process that facilitate education by nurses





## **Health-care information Binder**



#### 54-pages binder:

- Community providers
- Current medication record
- Medication changes
- Immunization schedule
- Lab / Test results
- Telephone call records
- Appointment chart
- Event chart
- Surgeries
- Past hospitalization
- Growth & Development record
- Adaptive equipment / augmentative communication devices
- School information
- Questions to ask when Dr has seen your child...

#### Roles of Rehabilitation Nurses

- Primary nurse
- \* Co-ordinator: Nurses pay an essential role to coordinate training program of the clients and facilitate them to apply the skills learnt in their daily activities.
- \* Educator: Nurses also have another important role on educating care-takers on some specific skills required for home care, therefore standardized education materials are crucial.

#### Roles of Rehabilitation Nurses

- \* Active listener
- \* Counsellor
- \* Resourceful person

### **Action Plan**

- Short-term plan:
  - Review and update some patient education materials
  - Promote "teach back" approach in health education
  - Collaborate with therapists in planning of multidisciplinary rehabilitation program

#### **Action Plan**

- Mid-term plan:
  - Establish linkages with the community service
  - Identify educational needs in special schools by questionnaire survey
  - Standardize education materials for gastrostomy and nasogastric tube care
  - Implement a one-year pilot cross-district multidisciplinary program to introduce normal mealtime for children dependent on enteral feeding

#### **Action Plan**

- Long-term plan:
  - Develop a protocol for caring children with enteral feeding (Collaborate with Occupational Therapist)
  - Develop comprehensive educational materials packages for special schools
  - Promote community awareness of the pediatric rehabilitation service
  - Provide training for other health care workers and in the community

## **Thank You for Your Attention!**