

# Paediatric Rehabilitation

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# Corporate Overseas Scholarship Program 2013/14

## Paediatric Rehabilitation

Gillette Children's Specialty Healthcare

USA







## Nursing

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Lo Chui Ha Carol	(WM CMC)
Ng Lai Sze Maxica	(APN QEH)
Tong Hoi Ning	(APN DKCH)

## OT

Katrine Chau	(OTI QEH)
Sanne Fong	(SOT PMH)







# Impression

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- \* Patient and family centered care facilitate the treatment and discharge process
- \* The treatment plan was well discussed and agreed during the outpatient clinic before arrangement of admission



# Impression



- \* The environment is child friendly



# The family suits



Allow family to stay within the hospital during the admission of patients and enhance parent's visit and participation



# Healing Garden (Outdoor)





# Multidisciplinary Collaboration

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- \* The collaboration between multidisciplinary team members provide comprehensive care tailor to the patient. They communicate closely and have clear and definite roles

# In-patient Rehabilitation Meeting

Name  
Diagnosis

Scheduling  
issues

Appropriate  
for pass?

Medical  
Updates:

**Goals for discharge– Discharge Date: \_\_\_\_\_**

- Community Re-entry
- Family Education
- Equipment needs
- Positioning / Mobility
- Cognition
- Self Cares
- Transition (to out patient)

Family Dynamics

Priorities for the week ahead (how  
to support goals for discharge):

Strengths

Barriers



# Education materials

- \* Standardized information / education materials enhance parents' and care-takers' understanding of patient's condition and treatment process that facilitate education by nurses



# Health-care information Binder



54-pages binder:

- Community providers
- Current medication record
- Medication changes
- Immunization schedule
- Lab / Test results
- Telephone call records
- Appointment chart
- Event chart
- Surgeries
- Past hospitalization
- Growth & Development record
- Adaptive equipment / augmentative communication devices
- School information
- Questions to ask when Dr has seen your child...



# Roles of Rehabilitation Nurses

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- \* Primary nurse
- \* **Co-ordinator:** Nurses play an essential role to coordinate training program of the clients and facilitate them to apply the skills learnt in their daily activities.
- \* **Educator:** Nurses also have another important role on educating care-takers on some specific skills required for home care, therefore standardized education materials are crucial.

# Roles of Rehabilitation Nurses

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- \* Active listener
- \* Counsellor
- \* Resourceful person



# Action Plan

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- Short-term plan:
  - Review and update some patient education materials
  - Promote “teach back” approach in health education
  - Collaborate with therapists in planning of multidisciplinary rehabilitation program

# Action Plan

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- Mid-term plan:
  - Establish linkages with the community service
  - Identify educational needs in special schools by questionnaire survey
  - Standardize education materials for gastrostomy and nasogastric tube care
  - Implement a one-year pilot cross-district multidisciplinary program to introduce normal mealtime for children dependent on enteral feeding

# Action Plan

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- Long-term plan:
  - Develop a protocol for caring children with enteral feeding (Collaborate with Occupational Therapist)
  - Develop comprehensive educational materials packages for special schools
  - Promote community awareness of the pediatric rehabilitation service
  - Provide training for other health care workers and in the community



A faint, stylized illustration of an open fan serves as the background. The fan is spread wide, showing a landscape scene with mountains, trees, and a body of water. The illustration is in a light, muted color, blending with the overall light beige background. The text "Thank You for Your Attention!" is centered over the fan, underlined.

**Thank You for Your Attention!**