



**Oversea Corporate Scholarship Programme for
Allied Health Professionals 2012-13 –**

**Attachment Programme for Allied Health
Professionals in Primary and Community
Care for Old Age Psychiatry**

19 – 30 Nov 2012

Isaac KWOK
Clinical Psychologist



Paul LAU, PT(KH) **Menda CHAU, OT(WCH)** **Natalie LAI, OT(CPH)**
Helen SEZTO, OT(UCH) **Windy TSUI, PT(UCH)** **Isaac KWOK, CP(PYNEH)**

Team members

1. To understand the healthcare models for older adults with mental health problems and / or dementia in the United Kingdom;
2. To explore the feasibility of adopting service model in Hong Kong;
3. To promote the collaboration of the multi-disciplinary teams in dementia care service.

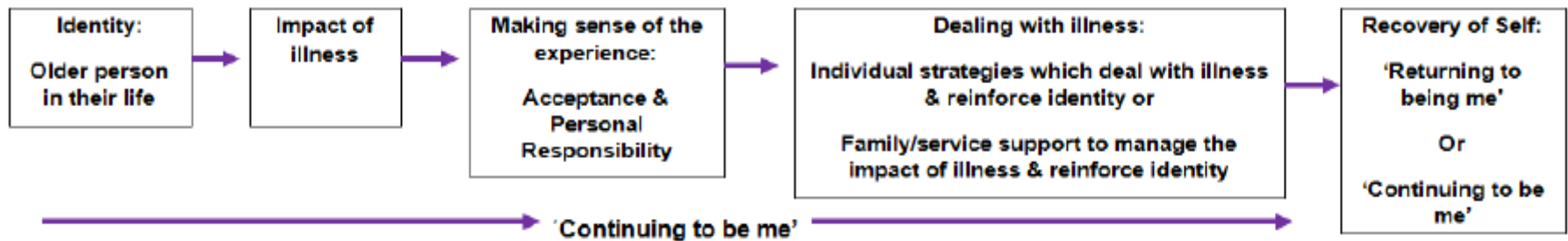
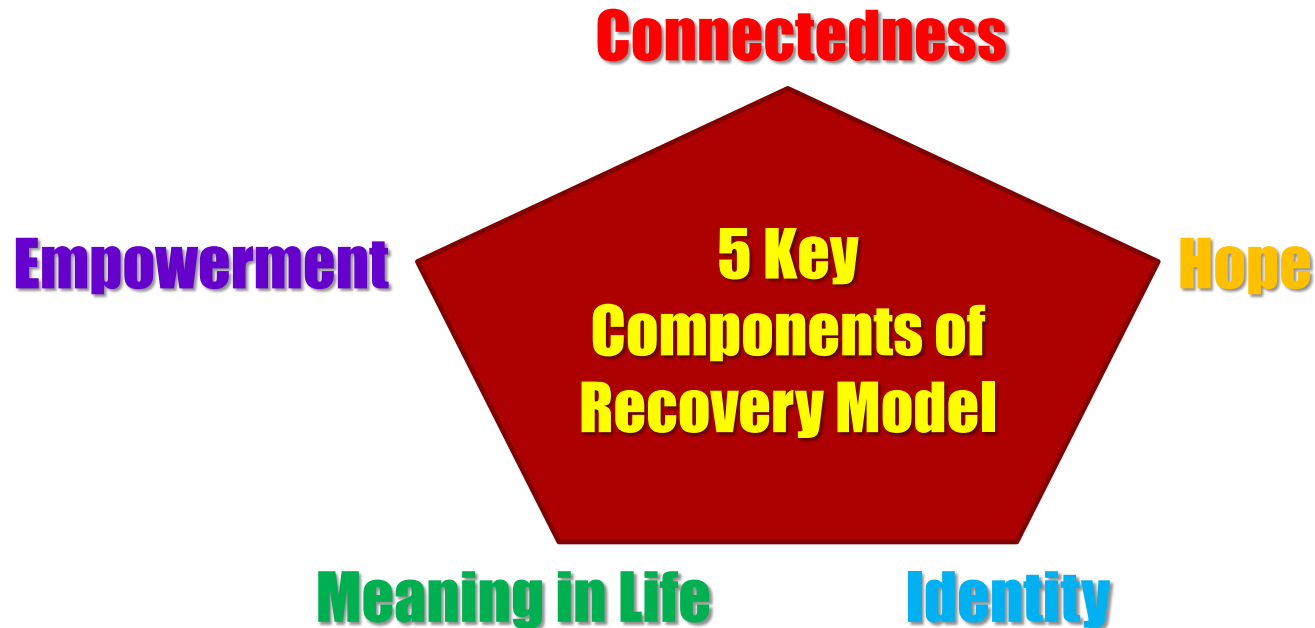


Major Objectives



**Ms. Stephanie Daley,
Lead OT & Recovery Lead
for the Mental Health of
Older Adults & Dementia
CAG (MHOAD)**

Recovery Model for the Older Adults with mental illness



Recovery for Older Adults in the UK



Key Training Activities & Learning Points

Jo Van Den Bosch
Drama therapist



Dr. Steve Boddington
Consultant Clinical
Psychologist

Case Formulation Group



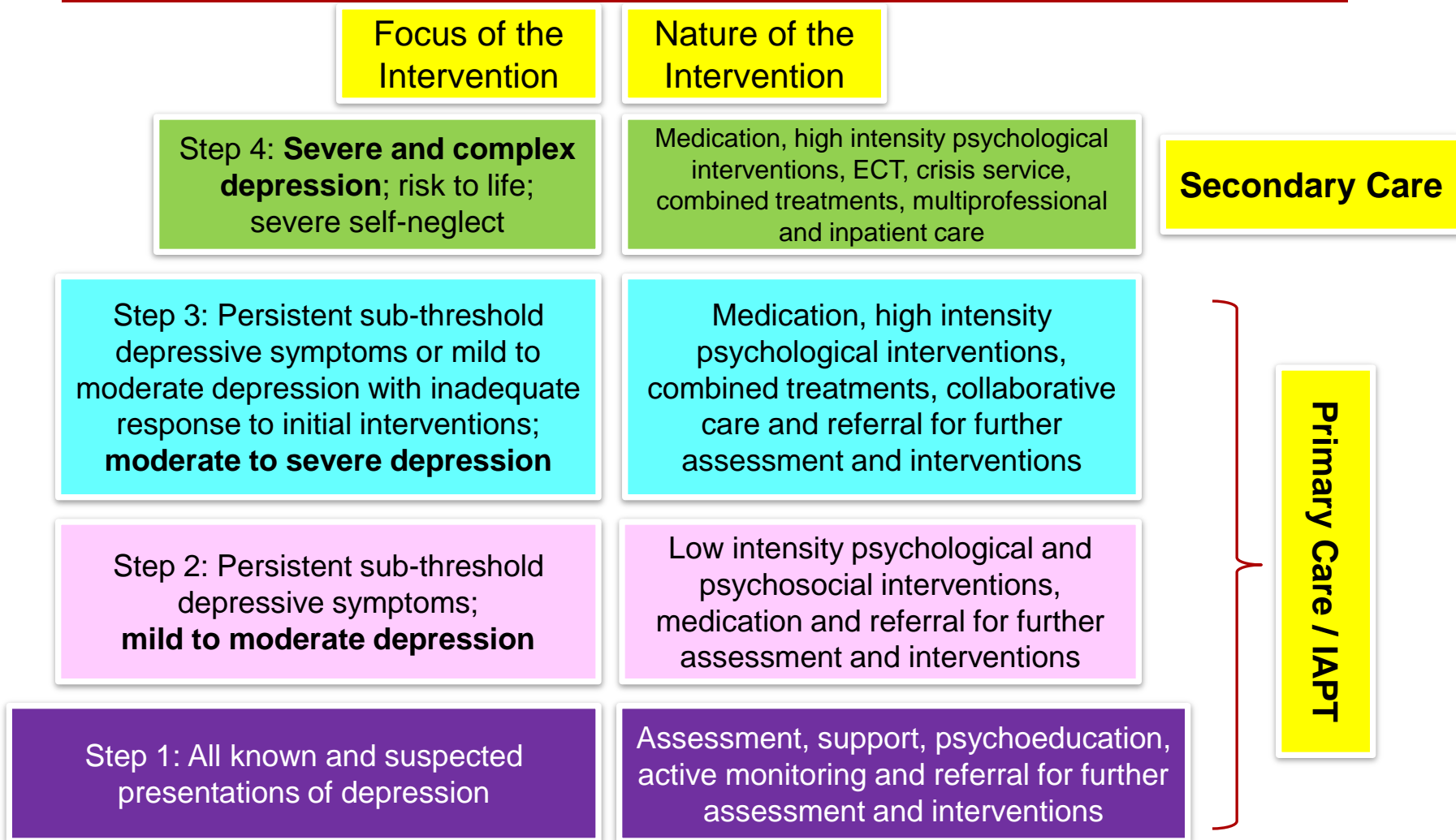
Dr. Grace WONG

Consultant Clinical Psychologist

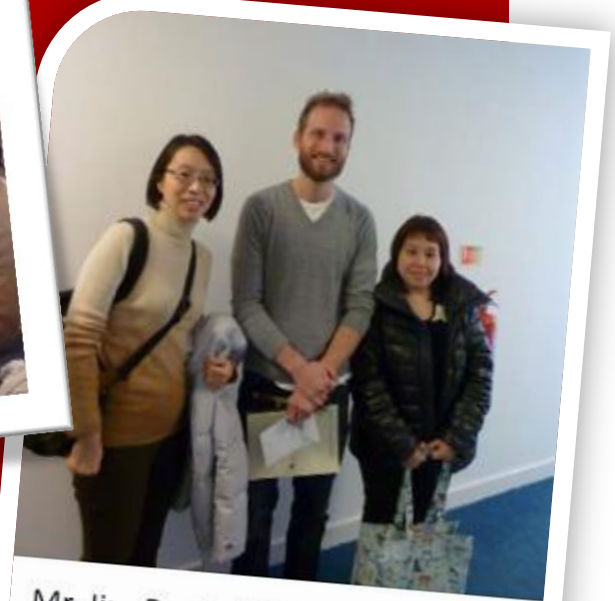


IAPT

Improving Access to Psychological Therapies



NICE – Stepped Care



Mr. Jim Davis, OT in the Croydon
Memory service

Dr. Sophie Monaghan **Dr. David Matthews**

Clinical Psychologist

Consultant Clinical Psychologist

Croydon Memory Service

Client with subjective memory problems

Referral: Client is referred to CMS through designated channels. CMS assess for appropriateness

Client referral is considered appropriate?

Yes

Assessment: Client and significant other undergo the assessment process

Diagnosis and Feedback: Client, significant and referrer are informed of probable / possible diagnosis and action plan

Treatment: Client undergo treatment plan as agreed

Review: Client is reviewed following baseline after 6 months, 12 months and then at least every 12 months

Client is ready for D/C?

Yes

D/C back to GP

Care coordinator has concerns about a range of problems

Yes

Referral to CMHT

CP

Nurse

OT

Social Worker

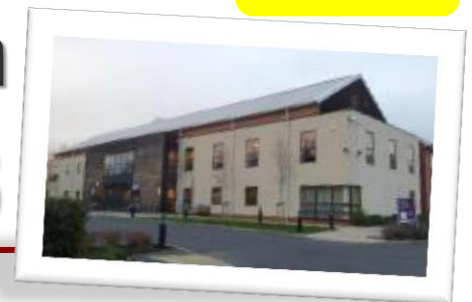
Assistant psychologist

Primary care access worker

Psychiatrist

Patient Pathway for clients with dementia

Croydon Memory Services





Croydon Careline Service

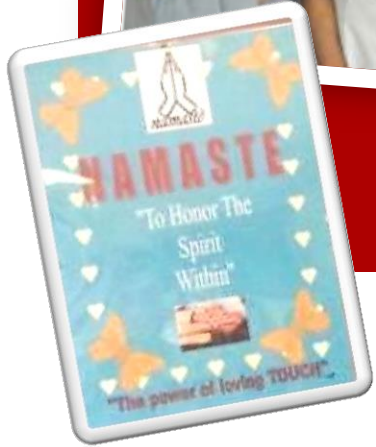


Ms. Barbara Dunk, OT Consultant in-charge of the Assistive Technology service (Left 2)

Assistive technology



**PT, care attendant
and supervisor in
Park Avenue Care
Centre**



Namaste Care Programme



**Physiotherapist
of MHOA/D**



A fall workshop with Barbara Dunk, OT
Consultant for Assistive Technology and
other colleagues at MHOAD office

Pain Management and Fall Prevention Programme



Learning and Reflection

1. Enhancing CP services in dementia care
2. Increasing accessibility and health promotion
3. Quality service & adoption of Step Care Model
4. Collaboration with COC Psychiatry and COC Geriatric for enhancing CP services for the elderly

1. Development of Recovery Model for the Older Adults with mental illness
2. Improving Quality of Life and Independence of People with Dementia through Assistive Technologies
3. Namaste Care - An Inspired Approach for the Older Adult with advanced dementia

Occupational Therapist

1. Use of recovery model and patient centered care approach by all disciplines in the whole process of disease management and care for psycho-geriatric clients
2. Pain management and fall prevention programme can be enhanced and delivered in PT service in mental health service for older adults and dementia care
3. The principles of Namaste care can be promoted in PT practice

Physiotherapist

Thank you!