# "INNOVATION AND NEW MODELS OF HEALTH CARE DEVELOPMENT"

'Patients' rights and professional dignity

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#### **Professionals - Patients**

 Patient vulnerable to professional expertise and discretion

 Professional observes a universal code of behaviour acting in patient best interest and good faith

Traditionally a partnership

### **Evolution of Partnership**

Changes in science, technology and the law

Patients now more empowered

A challenge for both parties to adapt

Patient also an aware 'consumer'

#### **UN Consumer Guidelines**

 Universal principle that governments should develop strong consumer protection policy

 Policies should reflect the economic, social and environmental conditions

Guidelines are in the process of review

Hong Kong has a role in the review

# **Hong Kong**

 Many developing countries find it difficult to achieve world's best outcomes

 Hong Kong is highly regarded and expected to provide a framework of highest standard

We should demonstrate 'world's best practice'

# What are UN Consumer Rights?

- Protection from hazards
- Protection of economic interest
- Access to information
- Consumer education
- Availability of redress
- Freedom to present group views
- Promotion of sustainable consumption

# Changing the 'mindset'

 Unfortunately few health professionals still consider themselves to be the only ones able to make a medical decision

 Reluctance to negotiate or consult in detail with patients

Concern it will undermine professional dignity

# Patient Engagement

Times changing

Need to engage closely with patients

New social environment, and public expectation.

 Need to explore new models for medical and healthcare communication to meet the new social demand

# **Joint Decision Making**

 Engaging in close consultation through decision making with patients (or their family members) can help reduce costs.

 Forming a close bond with patients and their care givers ensures trust and enhances treatment

#### **Care Givers**

 Care givers should be seen as complimenting work of professionals

 Care givers ensure that patients themselves are aware of the need to take responsibility for their treatment and meet their obligations

#### Patient Advocates are Allies

 Advocates have a role and are in a good position to ensure patients are aware of responsibility and obligations for their own health

 Professionals need allies to ensure their integrity is not undermined by unethical practitioners and shady business practices

# **Applying UN Principles to Health**

 Observations can be made from examining the various principles in the UN Guidelines

 Guidelines indicate, in the context of patient/professional relationship, what health professionals and government should consider in working with patients as consumers of health services

#### **Protection from Hazards**

- Treatments and medicines must be safe.
- Patients should be instructed in the proper use of medicines and treatment
- Governments should adopt appropriate recall or warning processes
- Good communication use relevant website references, notices in doctor's surgeries, hospital outpatient rooms

#### **Economic Interests**

- Measures controlling restrictive and other abusive business practices which may be harmful to consumers' economic interests must be in place
- Appropriate enforcement
- Consumer law is not an intrusion but a right
- Consumer law protects both general public and professional reputation

#### **Access to Information**

- Consumers are becoming more aware of alternatives
- Health professionals should be aware of the range of information publicly available and assist patients making an informed view
- Consumer empowerment should not be considered a threat

#### **Consumer Education**

- Consumers becoming aware of benefits of competition
- Price, choices, and quality of service important for an efficient health sector
- Health services should not be immune from competition

#### **Consumer Redress**

Avenues are currently available

- Important they are not 'set in stone'
- Need to evolve and change with increased expectations, wider representation, appropriate evidentiary requirements

# **Consumer Advocacy**

- Consumer advocacy is a consumer right
- Advocacy can have different aspects and can work with professionals and government

 Not only consumer groups, interest groups, but immediate family

#### Conclusion

 Need to appreciate a 'consumer' healthcare model and 'consumer' expectations

There is no conflict with professionals

 Observing consumer rights, and keeping abreast of consumer demand will suit the needs of all involved - government, consumers and professionals