



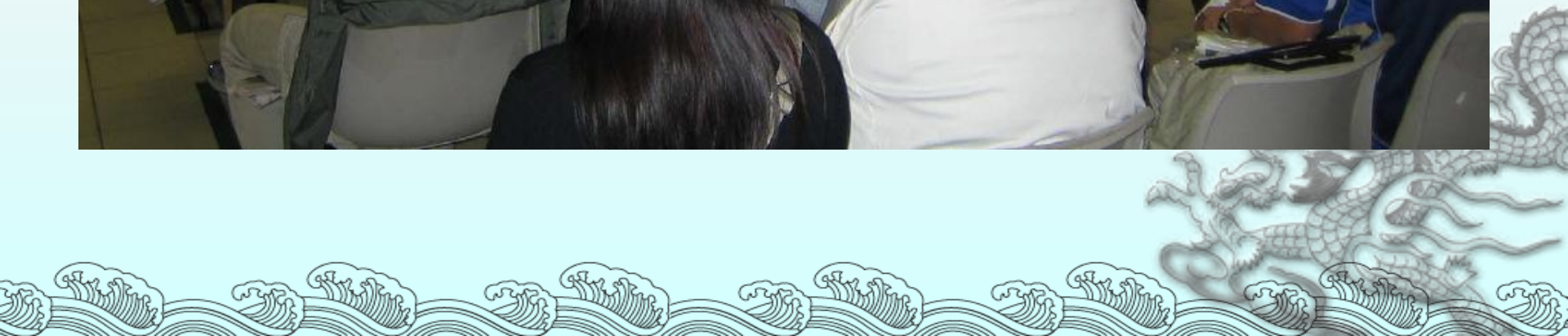
新界西·醫院聯網  
New Territories West Cluster



**Integrated Mental Health Program (IMHP), a structured  
Primary care mental health program, experience  
in Tin Shui Wai**



# Busy GOPC clinic



# IMHP Workflow in NTWC

Patients, aged 18 or above attended GOPC and screened

IMHP referred with risk  
Stratification & Targeted Intervention

PHQ-9 Score < 9  
GAD-7 Score < 9

Reassurance &  
lifestyle modification

PHQ-9 Score 10-19  
GAD-7 Score 10-14

Followed up by IMHP Key worker

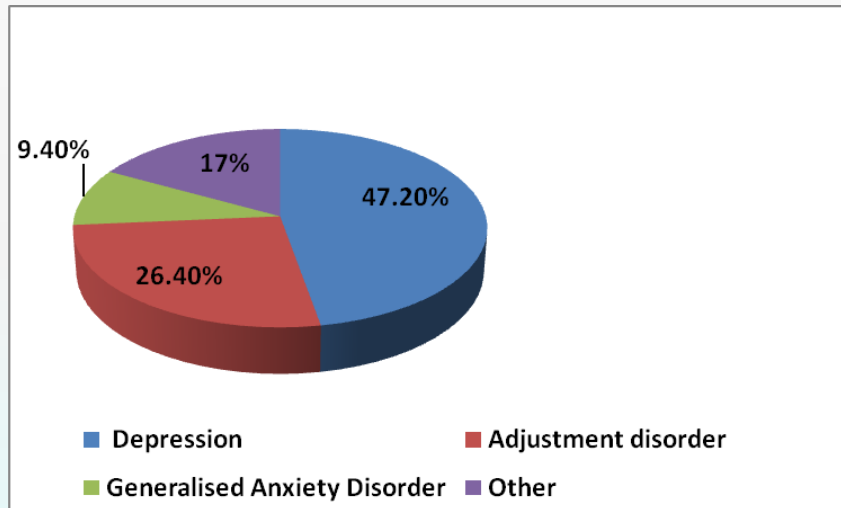
PHQ-9 Score = or > 20  
GAD-7 Score = or > 15

Followed up by both IMHP  
Key Worker and doctor

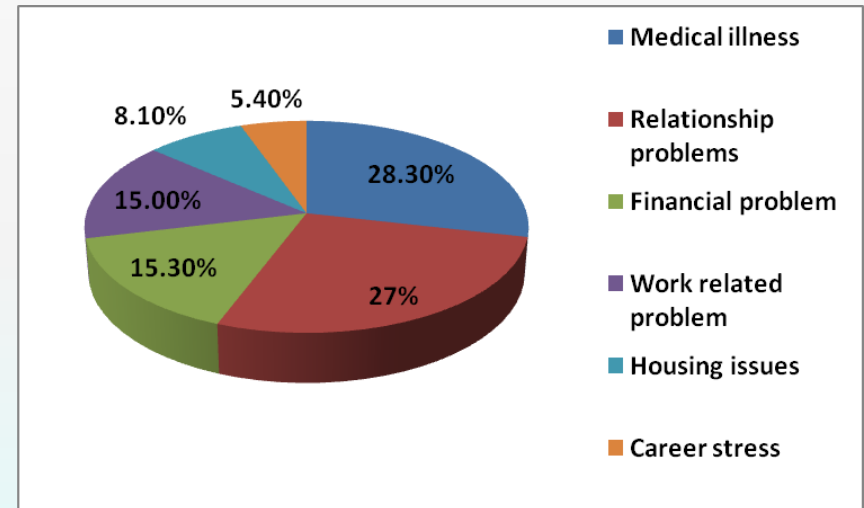
Stepped Care Approach+-Case conference (back up by psychiatrist if needed)

Discharge or follow up in GOPD or refer to Psy SOPD if needed

159 patients with CMD in moderate to severe severity were enrolled from April to June 2012.



**Types of mental disorders encountered in IMHP service**



**Major social problems from IMHP patients**

# Comparison of Pre- and post- IMHP mood assessment score at 12.2012 (\* $p < 0.05$ ).

