

# BRINGING OLD TO NEW AND IMPROVING PRIMARY CARE MANAGEMENT

Primary Care MSK clinic

# Background

- MSK problems: one of the commonest complaints in general practice
- Some problems are proven to be effective with steroid injection
- Family medicine training: with orthopedic experience
- Set up MSK steroid injection clinic in Nov 2011

# Objective

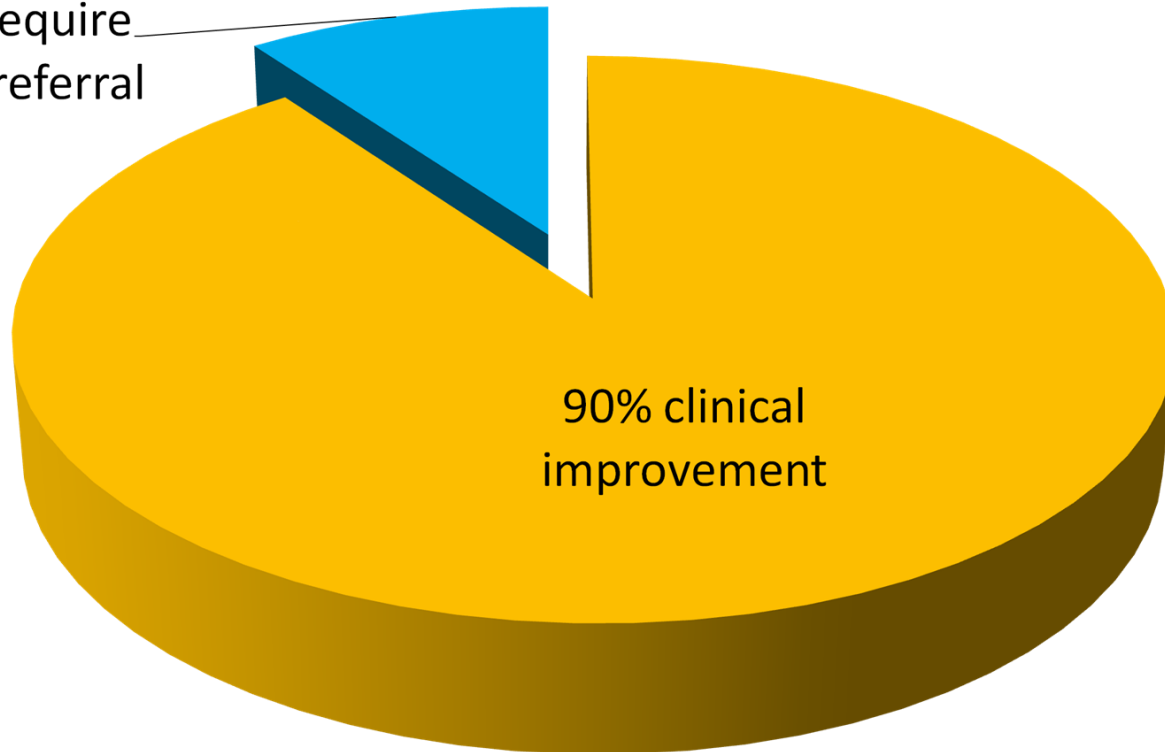
- Patient care:  
Provide appropriate treatment for patients with MSK problem
- Service enhancement:
  - enhance GOPC service
  - reduce referral to Orthopedic department
- Training:  
Provide training opportunities
- Career development:  
Develop special interest for FM specialist

# Methods

- Patient had MSK complaint which was suitable for steroid injection was referred
- Complete a standardized questionnaires on day of treatment and 4 weeks after injection:
  - quickDASH (upper limb)
  - Foot function index (lower limb)
- Data analysis using SPSSv17.0

# Result

10% require  
SOPC referral



90% clinical  
improvement

102 female and 48 male patients

# Discussion

- Better patient care:
  - symptoms improvement
  - shorten their waiting time and suffering
- Enhance the Primary and Secondary care
  - comprehensiveness in GOPC
  - reduce referral in Orthopedic
- Training and Career development
  - Provide training opportunities
  - further career development in FM specialist
- Future development for enhance primary care